

Nuts

22-28 Nov 2015 www.nuts.co.uk

Helen Flanagan!

STUNNING
NEW
SHOOT!



+ *I'm A
Celeb's*
Amy!

"That gal's got
big things in
front of her!"



+ Jimmy
Carr!

Helen Flanagan!

21st Century Sex Siren Ahoy!

42

Movie
Insults!



+ **NEW Xbox: The Verdict!**

"Frankly, they're
un-bear-able!"



+ **SPORTS GALORE!** The Ashes! Merseyside Derby! Froch vs Groves!



hmv



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*all colours available via the Beats ordering system.

THIS WEEK IN Nuts!



Nuts NEWS

- **I'm A Celebrity's Amy Willerton!**
- Xbox One unveiled
- **Elephant flips hippo**
- Footy star's Porsche sunk
- **Penis-shaped church!**
- *Come Dine With Me* hottie!
- **A quick word with funnyman Andy Parsons!**
- Nissan's £30k BladeGlider electric supercar
- **Rude News**

CARS!



Nuts REGULARS

- Don't Look!
- **Pub Ammo**

YOUR Nuts

- Letters
- **Camera Phone Comedy**
- Jokes

FEATURES

- **Introducing new Nuts babe Hollie Sparrow!**
- Jimmy Carr
- **Forty-two Funniest Movie Put-downs!**
- Helen Flanagan

Nuts STUFF

- **TV Guide**
- Reviews
- **Nuts Gear**

Nuts REAL GIRLS

- Bedroom Babes
- **Our Postbag**
- Ten Rude Questions
- **Ladies Confess**

Nuts SPORT

- Matthew Hoggard on The Ashes!
- **Merseyside derby**
- Froch vs Groves – big fight preview
- **Kammy's column**
- Quote Me On That!
- **Ring Of Truth!**

Humpty Dumpty couldn't believe his luck

HOLLIE!

**TAP ON
THE PAGE
YOU WANT
TO READ!**



PHOTOS: COVER: MATRIXSTUDIOS.CO.UK, REX FEATURES



This week in the Nuts office!

We sample Subway's new fiery steak and chicken sarnies

Nuts man Si judges "Most Handsome Crossbreed" at Scruffs

Nuts NEWS

EXCLUSIVE!

It's I'm A Celeb's Amy!

Miss UK will be filling the jungle's shower this year!



IT'S A fine list that includes Myleene Klass, Gemma Atkinson, Stacey Solomon, that Pussy Cat Doll and, of course, Helen Flanagan. All ladies whose personal hygiene have been put under serious televisual scrutiny under the *I'm A Celebrity* shower.

Well, scribble Amy Willerton, 21, onto that list, as the current Miss Great Britain entered the jungle on Sunday for a week or three of roasty camp fires, chomping on kangaroo's dangly bits and, hopefully, hot shower action. With Dec leering embarrassingly while Ant looks awkward.



"Look! I promised I'm not smuggling in any luxury items!"



JUNGLE JANE!

RETURN TO OZ!

Amy makes her *I'm A Celeb...* debut when the new series begins at 9pm on Sunday 17 Nov on ITV.





Amy's celeb CV!

- She currently holds the crown of Miss Great Britain, and then came sixth in the ensuing Miss Universe contest, behind Venezuela, Spain, Ecuador, Brazil and Philippines. Still, she beat France.
- She wore a "saucy queen" outfit in the national costume round. So she's sexy *and* patriotic!
- According to her Miss Universe bio, "She enjoys challenging herself and conquering her fears," and "Has a strong sense of adventure and an interest in experiencing different cultures." That's eating kangaroo 'nads in a jungle, right?



The Xbox One is here!

Microsoft kicks off the next generation of gaming this week! Girl clap!



IT'S EXACTLY eight years to the day that the Xbox 360 was released. And it's taken its sweet time, but this Friday sees the launch of the new generation of gaming tech. The Xbox One hits shelves, it's a shiny quid off £430 and here's why you probably really, really, really want one.

THE CLOUD

Microsoft has set up 300,000 servers, all merrily crunching numbers. Eventually, this'll mean processing will be pushed to these glorified calculators, freeing up the processor in your box, for better graphics, see?

Robot had a terrible squint

THE NEW KINECT SENSOR

Bumped to full 1080p high def capture, it scans at 30 frames per second, and better infrared capabilities means it'll work better in low light.



Plus! There are some games!

Titles available on launch day include **Forza 5**, *Ryse: Son Of Rome*, *Dead Rising 3*, *Call Of Duty: Ghosts*, *FIFA 14*, *Assassin's Creed IV* and *Zoo Tycoon*. We would have reviewed them but for Microsoft's pesky embargoes.



Meanwhile, outside Argos in Dubai...

THE CONTROLLER

Microsoft made 40 changes to this all-new controller, but it still feels familiar, sturdy and solid. The triggers now rumble – great for shooters – and there's an infrared LED on the front so the Kinect can spot and track it.

THE BOX

Inside is a beefy 500GB hard drive, essential for downloading digital titles (*Call Of Duty: Ghosts* is 39GB), a Blu-ray drive – finally – and a 1.75GHz AMD 8-core Jaguar CPU, which is a smidge slower than the PS4. A smidge.



10 Xbox One facts!

1

YOUR FACE IS YOUR PASSWORD!

Sit down in front of the Kinect camera and it'll recognise your face and load your gaming profile.

6

IT CAN READ YOUR HEART RATE!

The Kinect sensor can sense your heart rate, the effort you're putting in and even know who in a room is looking at it and who isn't.

2

UPGRADE GAMES!

Got *FIFA 14*, *CoD: Ghosts* or *Battlefield* on Xbox 360? You can upgrade these titles to Xbox One for a crisp tenner. And any online progress will also transfer.

7

FIND BESPOKE ONLINE OPPOS!

You can find opponents by age, skill, language, even what downloadable content they have.

3

PLUMB YOUR 360 IN!

The Xbox One has an HDMI in, so you can plumb your 360 in and play it through the One.

8

IT'LL REMEMBER YOU!

Log in on a chum's One and it'll scan your face and remember you. So if you sit down two weeks later, it'll launch your profile and make your games available.

4

IT'S CONSTANTLY RECORDING!

The hard drive continually hoovers up the last five minutes of your gaming, so cool stuff can be rewind, edited and shared online.

9

PLAY GAMES, WATCH TV!

You can pin a TV screen onto your session so play *Forza* while watching footy.

5

PLAY YOUR GAMES ON OTHER XBOX ONES!

You can log your gamer profile into any Xbox One, then access all the digital games you've downloaded, and play them on that console.

10

NO MORE TROLLS!

Persistently awful folk will now be filtered out by an updated reputation system. Yup, we'll believe that when we see it. But brilliantly, if you start getting agitated and shouting, it'll sense that and tell you off. Like your mum!

Verdict!

This is undoubtedly a big, shiny box of next-gen gaming awesomeness. And while the £80 premium you're paying over a PS4 goes on the swish new Kinect sensor, it's strange there's no killer app to justify this spend. Our advice is to hold your horses and wait for the price to come down, and when games like *Titanfall* and *Watch_Dogs* drop next year.

Elephant flips hippo!

1.5 tonne beast –
tossed like a pancake!



IF YOU'RE a chap in Africa, the hippo is a bad creature to have beef with, as they kill more people than their trunky pals. But these pics prove the heavyweight champ is the heffalump.

Mum was saving her calf from this Nellie, who came charging out in Windhoek, Namibia. Junior had time to leg it and mum survived, but the little 'un will never be allowed to forget it!

WORDS: RORY BUCKERIDGE/SHAUN WREN PHOTOS: BARCROFT MEDIA/SHUTTERSTOCK

1 NELLIE LOCKS ON!

The tusker's flipper hits side-on – textbook *Robot Wars* move right there.

2 HIPPO GOES FOR A SPIN!

Mum is sent twisting a full 180 degrees in seconds, while loyal junior legs it to safety.





3 KEEP ROLLIN ROLLIN!
The victim instigates the “Ashley Young” tactic as she rolls around “in agony”.



4 BREAK IT UP!
The elephant declines the chance to raise tusk in victory, and scampers off.

Tale of the tape!



VS



ELEPHANT
LOXODONTA AFRICANA

HEIGHT: 3.35m
WEIGHT: 6 tonnes
LENGTH: 7.3m
LIFE SPAN:
70 years
REACH:
2m of trunk
PUB AMMO!

An African elephant's trunk has 10,000 different muscles.

HIPPO
HIPPOPOTAMUS AMPHIBIUS

HEIGHT: 1.5m
WEIGHT: 3.5 tonnes
LENGTH: 4m
LIFE SPAN:
50 years
REACH:
1m of toothy snout
PUB AMMO!

Hippos can hold their breath underwater for up to five minutes.



Footballer puts Porsche in a puddle!

Liverpool's Andre Wisdom suffers major satnav fail!

➔ **WE'RE USED** to seeing Prem footballers' flash cars zooming in and out of swish, private training grounds, guarded by big, frowning security. So it was a little refreshing to see England Under-21 captain, Liverpool's Andre Wisdom, bog his flash Porsche Panamera Turbo so inextricably into a woodland puddle that he just had to bail and abandon it.

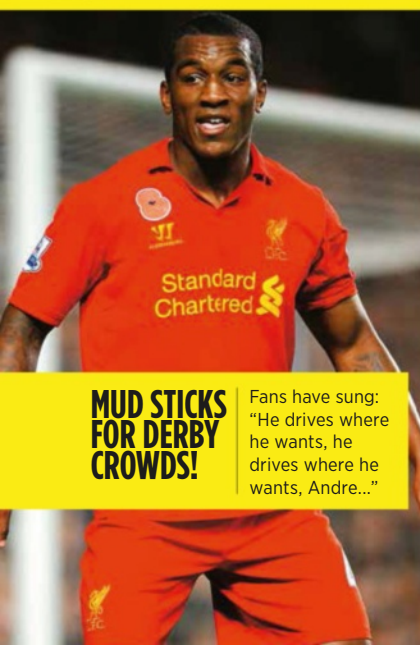
The versatile defender, currently on loan at Derby County, popped out to a newsagents for a drink and sweets before heading down the muddy track – ending in disaster six miles from Pride Park. “Enjoy your day, people, don’t go down any country roads :-> xxx,” he tweeted later, wryly.



THE “BEFORE” PIC...



The Stig had given it a bit too much welly at Gambon!



MUD STICKS FOR DERBY CROWDS!

Fans have sung: “He drives where he wants, he drives where he wants, Andre...”



Car loved rambling



Poor Porsche had a weak bladder

Church looks like willy!

God gets naughty view from the clouds



WHEN THE architects planned this new place of worship in Dixon, Illinois, their main concern was preserving the big old oak tree in the grounds and letting more light in. But

when God invented Google Earth, people soon realised that this church looked just like a nob and balls from where our Lord would be peering down. Still, He made birds, bees and the big, brown nob!

And the Lord looked down. And He was pleased



Servicing the community



COME DINE
WITH ME

Come Dine With Me babe in her smalls!

She's good at cooking and good-looking!

➔ **COME DINE With Me** is one of our guilty pleasures here at *Nuts*, but there'll be nothing guilty about the pleasure when the show welcomes 28-year-old model Susie Summers of Peterborough as one of their contestants from 25 November. As you can see from the pics, she's lovely, knows her way around the kitchen... oh, and she's in her undies too! Prepare for lots of meat puns, diners, and *bon appétit*!

Hi Susie! Are you allowed to tell us what's on your menu on *Come Dine With Me*?

My starter's going to be meatballs with home-made bread. Then for the main, it's going to be chicken breast with goats' cheese, sun-dried tomatoes and wrapped in bacon. And my dessert is called "banoffee bling" that I made my own chocolate for.

What does the show think about you posing for *Nuts*?

Oh, they love it – they actively asked me about it. On the show, I think they very much focused on my

"bimbo model" tendencies and tried to get people to clash with me. They want that confrontation.

Your starter and main course are very meaty. We mean no double entendre here when we ask: are you a meat enthusiast?

I do like a bit of meat, in all varieties. Ha-ha!

OK, you did the meat double entendre anyway.

I think I was trying to cater for the men – I'm not really a veggie type of person. There's nothing wrong with a big piece of meat.

OK, stop now! What would you rustle up if you were preparing a romantic meal for a gentleman?

I think probably a steak with a peppercorn sauce. And it's impossible to do meatballs without thinking of sex – all you need to do is pop a sausage in there, don't you? You can't go wrong with a meatball.

Finally, what dining tips do you have for a *Nuts* reader intent on romance?

Make sure you keep the wine flowing so that the lady loses her inhibitions and lets her confidence come out. And make sure you serve some dessert as well – don't skip it. Something with chocolate in it. Wine and pudding are the way to a woman's heart. And knickers!



CHESTY CHEF!

Hair of spun gold,
fingers of asbestos

INTERVIEW: PETE CASHMERE
PHOTOS: SUPERMODEL SYNDICATION

SIZZLING SUSIE!

Watch Susie on *Come Dine With Me* each weekday from 25 November on Channel 4/HD at 5.30pm.



**“There’s nothing
wrong with a big
piece of meat!”**

Tap had the view
of his young life



**“Don’t skip
dessert when
romancing
a lady!”**

30 minutes in the
oven and the spoon
would be delicious



**“You can’t cook
meatballs
without thinking
about sex!”**

**“I’ve got *what*
on me?”**



EXCLUSIVE!

A quick word with Andy Parsons

The *Mock The Week* panel regular talks unicycles, goldfish, slackers and parsnips

➔ **Hi Andy! Your new DVD is called *Andy Parsons: Slacktivist*.**

What's a Slacktivist exactly?
A Slacktivist is a slacker and activist. The perfect protest is the sit-in: it's changing the world by doing sod all.

Are you a slacker at heart?

Yes. I bought a guitar, learnt a single chord but it hurt my fingers, so I gave up. I learnt to unicycle, but there are no brakes on it and I live on a hill. I tried fire-breathing but I inhaled, then burped!

As a slacker, how do you manage touring?

Doing nothing – although great for a short time – gets boring. Ultimately, there are better things to be done. For example, I show people a guaranteed way to impress in bed. It involves socks and nipples, but it's foolproof.

On *Mock The Week*, have you considered "hot desking" instead of sitting in the same place every week?

In the pilot, I was on the opposite team, far right as you look at the screen, and gradually moved left. I'm looking to host so I don't have to run to the mic. I'd also get my own buzzer. But big Dara won't budge.

Who'd win a drinking race, an actual race, and a cook off between the panellists?

I'm not sure about the cooking. We'd all come

bottom last and order takeaway. Superior build would mean Mr O'Briain would happily win the drinking. I'm not sure about the run – Dara's got a dodgy knee. Hugh would win if it was cycling, because he's a massive cyclist. If it was falling asleep watching dodgy cable channels though, I'd win.

What's the best fact you've learnt appearing on *Q!*?

A salary over £20,000 makes no net increase to how happy you are. If you're very poor, that's no good. But over about £20,000, they reckon your happiness doesn't increase.

Are you ever worried that giant *Live At The Apollo* sign might fall down and flatten you?

You have to go underneath it so yes, very much so. It's a big heavy thing, so most people try to skip under fairly quickly. There's a nervous moment.

Ever malfunctioned on stage?

I once dropped a fish tank on stage with a goldfish in it, it smashed and the fish surfed into the audience under a seat. I grabbed an empty pint pot, retrieved him, filled the pint with water and the goldfish lived to a happy ripe age.

Er, was this part of your act?

It was at the Edinburgh Festival. It wasn't quite the ending I'd hoped for, but most people assumed it was in the act. They thought, "How does he surf a goldfish into the audience every night?"

"The perfect protest is the sit-in. You do sod all!"

Andy Parsons

Hair huddled for warmth

You used to be a lawyer. What's funny about that?

I did law at university. I then got a job as a legal clerk for six months before they realised how poor I was and offered me redundancy, which I took with open arms. To describe me as a lawyer would be unfair to lawyers.

If you taught stand-up, what would you teach?

I'd get everybody in the room and go, "Most of it you can't teach, so just do it." Then I'd put my feet up on the table with a tea and fall asleep.

If you shaved, would your hair grow back on your head?

Er, yes. It might not be the most beautiful head of hair, but there's a big debate as to

whether Dara or me would have more if mine grew back.

Who's your favourite other Parsons? Do you like parsnips?

Those are *Nuts* questions! There are two other Parsons in comedy: *Have I Got News For You* writer Jed and the actor Nicholas Parsons. There's a photo of the three of us at the BBC Christmas party. And a festive dinner wouldn't be right without parsnips. But you've got to have big ones so that when you quarter them, they don't shrivel in the oven. I now appear to know more about cooking than I did earlier in the interview!

● *Andy Parsons: Slacktivist* is out on DVD on 25 November.

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This promotion is open to residents of the UK who are 18 years of age and over. Upon purchase of your handset with Carphone Warehouse between 8th November and the 24th December you shall be issued a voucher containing a unique code. Your voucher entitles you to a £100 Experience Voucher for pay-monthly customers and £50 Experience Voucher for pay-as-you-go customers at participating outlets. Please log on to the supporting website (this can be found on the Carphone website) between 1st January 2014 and 31st January 2014 in order to validate your code and claim your experience day voucher. All participating outlets will be displayed on the website from 1st January 2014. All experiences are valid for three months from date of download. All bookings are subject to the availability and terms and conditions of your chosen outlet and do not entitle you to priority booking over other customers. Terms and Conditions apply, please visit www.carphonewarehouseexperience.com

Wheels had
brought their
glow sticks

LECCY SUPERCAR!



Electric carbon fibre supercar concept!

This is Nissan's BladeGlider – a three-seater, tech-brimming supercar they want to make!

- Nissan is a company that just seems to love kicking convention in the downstairs area.
- You may recall the rulebook-tearing DeltaWing unveiled in February 2010 – a race car with a narrow, pointy front end, a wide rear end and a small engine that was lighter than a packet of crisps. Here on planet *Nuts*, we loved it.
- Now Nissan has used the DeltaWing to inspire an electric sports car that the

company says may become production reality. Shaped similarly to a stealth wing jet, the BladeGlider won't wobble and tip over like a Reliant Robin, because it has four wheels.

- The front wheels are just a metre apart, which reduces drag (more aerodynamic) and helps to make the car turn in harder for high-G cornering capabilities.
- And it's full of jaw dropping features. Seventy per cent

Car assumed the
tickle position





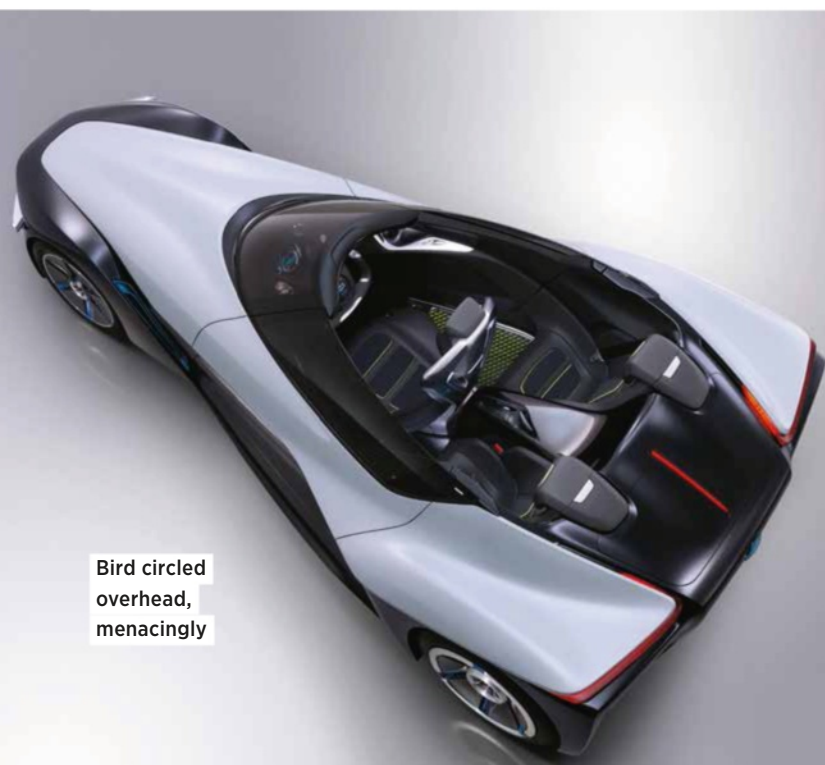
of the weight is at the arse end, and like all classic hairy-chested sports cars, it's rear wheel drive. Plus, as it's an EV (electric vehicle) it has max torque all of the time.

- Similar to McLaren's legendary F1 hypercar, the driver sits in the middle of the cockpit, with a passenger seat set further back on either side. This allows the driver to get a near 360-degree view of the road. Upon opening the door, the driver's chair electronically

slides towards you, allowing easy access. Sweet!

- **Performance specs will be unveiled at the Tokyo Motor Show later this month, but expect to see acceleration somewhere between a GT-R and a 370Z.**
- Staying true to its intention of being an affordable rear wheel drive futuristic sports car for young people, Nissan has hinted the cost will come in under £30,000. Which is absolutely sodding amazing.

WORDS: JONNY SMITH



Bird circled overhead, menacingly

"Squint all you like, you're still getting glasses"





Nuts NEWS



Adriana Lima

Victoria's Secret, NYC

As lovely as Adriana looks, we'd hide under the covers if Mrs Nuts burst into the boudoir in this.

RUDE NEWS

Put your Xbox One controller down and read some news!



Lucy Meck

On resultswithlucy.com

You can now (genuinely) join Lucy on her own boot camp. It's £249 for three days, and you get this as thinspiration. Sold!



Sam Faiers

At a swish party, Essex

There were rumours that Sam was heading into the *I'm A Celeb* jungle. Instead, she slipped into a catsuit and scoffed canapés. Not even 'roo balls ones!



Selena Gomez

Swanky party, LA

Selena wowed a swish party in this outfit. Doing her bit for the environment by saving cotton resources.



Courtney Stodden

Ventura Beach, California

Courtney is now single. And we're certain this outfit is in no way a reflection of that thing.



Natalee Harris

In her 2014 calendar

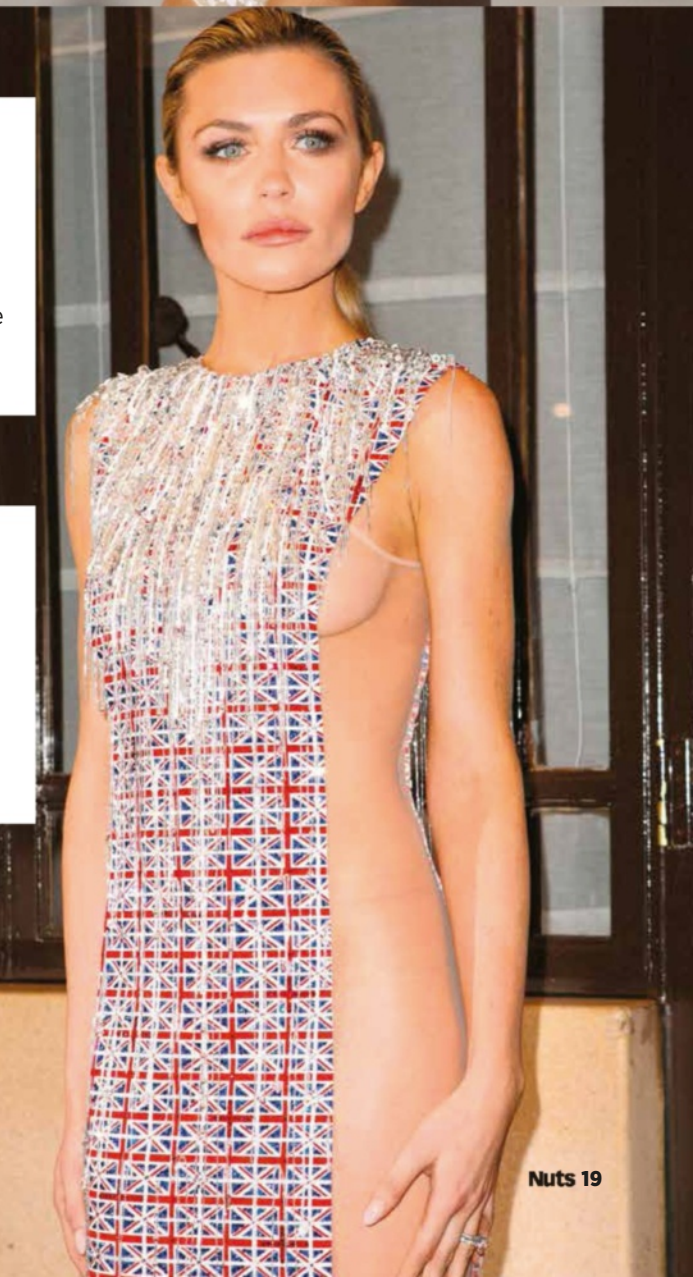
To be honest, we'd give this month a miss. That eye following us around the room'd give us the creeps!



Abigail Clancy

Fashion show, London

Abi jettisoned both bra and pants for this patriotic outfit. We don't think we've ever felt so proud.



Don't look!

The page that makes you go, 'Eurgh!'

The Old Bailey ruled
Blumenthal had gone
"too far" with his new dish

SCALPED!

HE'S OK NOW!

'You could lift the flap and see my skull!'

Engineer nearly got decapitated – because his mate pinched his chips!

→ **WE THINK** we're going to throw up. Seriously. Now, you'd assume the owner of this head would be dead – on account of the fact that you can see his ruddy skull! However, Dan Webber, a 31-year-old engineer from Bristol, is very much alive and can explain all.

"After a couple of beers, me and my mates came home in a taxi. As I exited, one of my giant friends tried to nick some of my cheesy chips over my shoulder. Instead, he ended up shoving me headfirst into the edge of a slate wall!

"They took loads of pictures in A&E and it was only when we saw them that we realised

you could see my skull under the flap – I'd been scalped by the wall! But I had no intracranial bleeding so my skull was intact. I got headaches, loss of feeling due to nerve damage and needed 30 stitches, but I'm still here!"

If you're that big fella who nearly decapitated Dan – get your own cheesy chips!

"Now I've cheated death, I feel invincible!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2013 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

WORDS: PETE CASHMORE · EDITOR'S DECISION IS FINAL
TERMS AND CONDITIONS ON PAGE 58 APPLY

Play Blackjack with *Nuts* games!

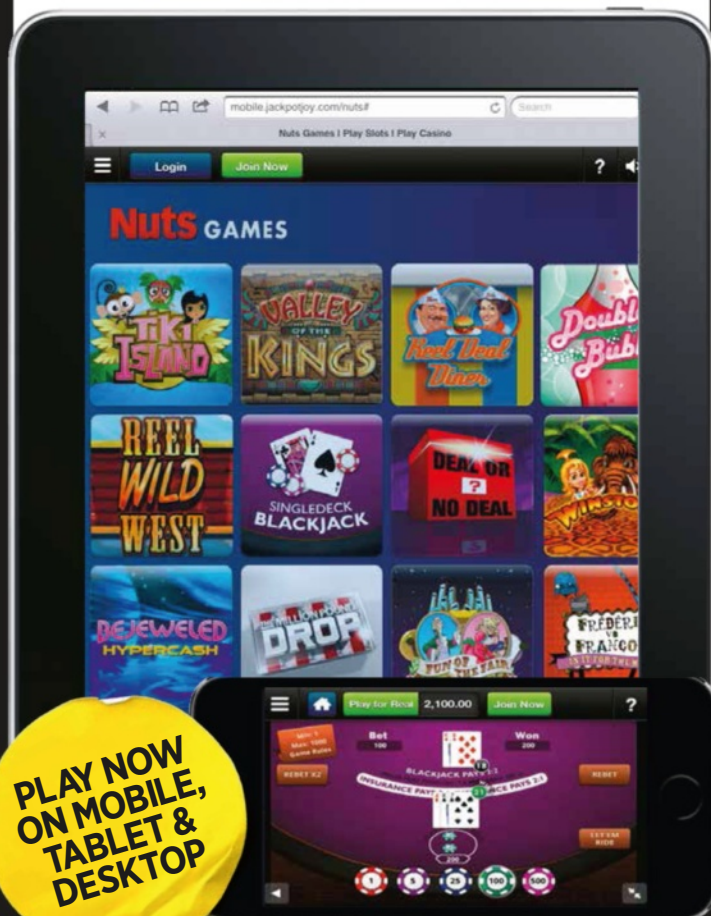
Deposit £10 and we'll give you £25 FREE!*
Just enter the promotional code NUTSH47

➔ **BLACKJACK IS** one of the most popular card games in the world. Its balance of tactics and luck make it a perfect blend of fun and cash wins.

HOW TO PLAY:

You play against the

dealer, and whoever has the total closest to 21 wins. You're each dealt two cards to start, then you can 'Hit' for more cards or 'Stand' if you're happy. Make 21 from any number of cards, though a ten or a picture card and an ace – Blackjack – beats other combinations.



SINGLEDECK BLACKJACK



Top tips to win big!

- **Play the dealer** - The dealer must draw more cards until he reaches 17 or above. This gives you the advantage of knowing what he'll do, and sometimes he'll go bust.
- **Splitting** - If you've got two matching cards, you can split your hand into two. The best cards to split are two aces.
- **Doubling Down** - This is when you double your original bet, after you've looked at your first two cards. After doubling, you can draw one more card. If you win, you'll be paid out double your original wager. You'd generally do this with a ten or an 11 because of the high chance of pulling out a ten and getting 21.
- **Insurance** - If the dealer's first card is an ace, you can safeguard your hand against the event that the dealer has Blackjack by opting for insurance. If he has Blackjack, your insurance will pay out at 2-to-1.

Check out the strategy tables at nutsgames.co.uk.

Deposit £10, we'll give you an **EXTRA £25!*** Enter promo code **NUTSH47**

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YOUR Nuts

Your Letters!

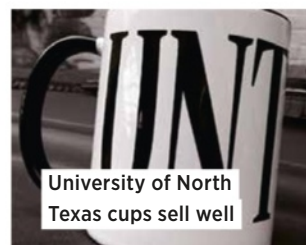
POSTAGE PAID
GREAT BRITAIN
The latest offerings from
our bulging sack!

LETTER OF THE WEEK!

Big Bad Bag

Dear Nuts,
I spotted this local news story. The police are unsure if the bag did it intentionally!
HARRY HIGGINS
Bangor
Maybe it had a hankering for a bacon butty.

"That's a rude thing to call Ann Robinson, even if she did kill a pig!"



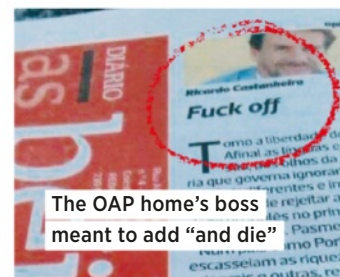
University of North
Texas cups sell well

Mug us off

Dear Nuts,
I hope you like my new coffee mug.
ANDY SHAPIRO
North London
We're thinking of buying one for the Editor. [You're fired – the Editor.]

Foreign lingo

Dear Nuts,
Mags in Portugal really don't mess about, do they?
NICK FROST Brighton
We've had worse than that when our chief sub, Beardy Dave, is having a bad day.



The OAP home's boss
meant to add "and die"

STEALTH BUMMING CORNER!



"A stealth bum in the office!"

SIMON
Wiltshire



"Dude, where's your other hand?"

Randy guy

Dear Nuts,
Me again! This time I'm with UFC legend Randy Couture.
JOHN CHRYSANTHOU
North London
Did he realise he was shaking hands with a national institution?



It's 70p with
Sainsbury's
Brand Match

In case you were wondering...

Dear Nuts,
Home Bargains really lets you know what their products are used for.
RICHARD BERRY via email
We're glad they told us. We were going to use them to clean our windows.

Win! £100
cash!

Readers, here's your chance to get your handsome mush in the magazine – and get paid for doing it! Just send your deliciously daft pics, pimped pets and Camera Phone Cuties to nutsletters@ipcmedia.com. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 58 apply.

Camera phone comedy!

Seen something daft? Snap it, send it in and win £100!

"Like Ronseal, it does exactly what it says on the tin!"
DAN via text



PIC OF THE WEEK!

"I saw this on my travels through Lebanon. Must be a Brit who owns it!"
ANDREW via text



"Meet General Arse Biscuits, the least scary man in the military."
ANON via text

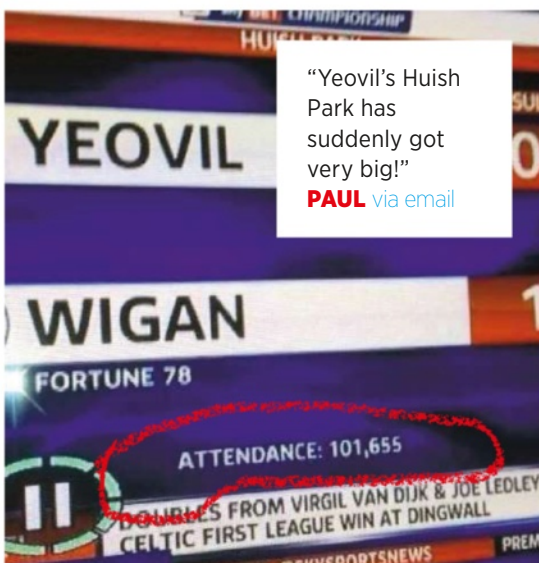


Win £100!

Email **nutsletters@ipcmedia.com** or text your pic to **0771 388 8008** (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!



"Yeovil's Huish Park has suddenly got very big!"
PAUL via email



NAFF TATS CORNER



"My brother had his girlfriend's name tattooed on his arm, and spelt it wrong!"
DAVE via text



I saw a shoplifter being arrested by an albino policeman. I thought to myself, "That's a fair cop!"

CARL TROOP Croydon

What do you call a Spanish flasher? Señor Willie!

SAM PARKINSON Grantham

My girlfriend spends every night in town going from one pub to another, and somehow she always bloody finds me!

BRIAN via email

I've been seeing a weather girl. I thought it'd make a change to date a woman who wasn't right all the time.

ANDY HARRIS Macclesfield



JOKE OF THE WEEK!

Fantastic monastic!

A GUY joins a monastery and takes a vow of silence: he can say two words every seven years.

After seven years, the elders ask for his words. "Cold floors," he says. They nod and send him off.

Seven years pass. They bring him back in and ask for his two words. He clears his throat and says, "Bad food." They nod and send him away.

Seven more years pass. The elders ask for his two words. "I quit," he says. "That's not surprising," the elders say. "You've done nothing but complain since you got here!"

JASON DAVID New Barnet



Gramps photo-bombed Miss World

That's a bum deal!

I SAID to the blonde lap dancer, "I love your moves but can you roll your arse for me?"

She replied, "I'll try. Round the rugged rock, the ragged rascal ran."

PAUL Herts

Yanksalot!

DISNEYWORLD SAID it would help its employees sign up for ObamaCare. So finally Sneezy can get some Claritin, Sleepy can get some Adderall, and Grumpy can get some Prozac.

NIALLE via email



Ken Bates had another nightmare



"Harry, it looks like your winkie"

Memorable gag!

AN 80-YEAR-OLD couple are having problems remembering things, so they go to their doctor. After checking the couple out, he tells them that they're physically OK but might want to start writing things down to help them remember. They thank the doctor and leave.

Later that night while watching TV, the old man gets up from his chair to go to the kitchen.

She asks, "Will you get me a bowl of ice cream?"

"OK," he replies,

She then asks him, "Don't you think you should write it down?"

"No," he says, "I can remember that."

She then says, "I'd also like some strawberries on top. You'd better write that down or you'll forget."

"It's OK, I can remember that," he says.

She replies, "Well, I'd like whipped cream on top. You'd better write it down!"

Irritated, he says, "It's OK - I can remember."

He comes back and hands his wife a plate of bacon and eggs.

She stares at the plate for a moment and says, "And where's my toast?"

ANTONY North Stafford



Strictly
had lost it

Seems fair!

A GUY meets a girl at a nightclub and she invites him back to her place for the night.

When they get back to her house and go into her bedroom, the bloke notices there are hundreds of fluffy toys everywhere – on top of the wardrobe, on the bookshelf and window sill, there are more on the floor, and of course there are fluffy toys all over the bed.

Later, after they've had sex, he turns to her and asks, "So, how was I?"

She says, "Well, you can take anything from the bottom shelf!"

LUKE HARDEN Liverpool



Win cans & RED 2 Blu-ray!

Send your jokes to nutsjokes@ipcmedia.com. This week's best joke* wins a pair of MDR-1R Prestige headphones and a Blu-ray copy of awesome action comedy *RED 2* starring Bruce Willis, which is out on 25 November on DVD and Blu-ray.**

FAMOUS BLOKES' JOKES!

Stewart Francis:

"My wife says I do too many stereotypical jokes. Women, huh?"

Harry Hill:

"Well, I was bullied at school, called all kinds of different names. But one day I turned to my bullies and said, 'Sticks and stones may break my bones but names will never hurt me,' and it worked! From there on it was sticks and stones all the way!"

Louis CK:

"There's a reason it's called *Girls Gone Wild* and not *Women Gone Wild*. When girls go wild, they show their t*ts. When women go wild, they kill men and drown their kids in a tub!"

Ben Bailey:

"I have a friend. He keeps trying to convince me he's a compulsive liar, but I don't believe him!"

Steven Wright:

"I think it's wrong that only one company makes the game Monopoly!"



Hollie Sparrow!

Introducing a Berkshire babe who loves parties, pop-punk and pizza!



HOLLIE SPARROW



HOLLIE SPARROW

**“I like to dress
in lingerie and
stockings!”**



Hello Hollie! You're still relatively new to *Nuts*. Can you introduce yourself, please?

Hello! Well, I'm from Berkshire, a bit of a wild party girl, and I'm always out on the town at night.

You've got a rather sexy posh accent – are you a bit *Made In Chelsea* then?

No way! People always say that they think I'm from Chelsea. I like a night out on the tiles, but I'm really into my games, too. I haven't got around to playing *GTA V* yet but I'm addicted to my 3DS. I play a lot of *Zelda* and *Pokémon*. I love Lucy Collett's *Girl Got Game* videos on the *Nuts* website.

What's your ideal evening: a posh night out or a night in with video games, beer and pizza?

This is a really difficult choice, but one I often have to make. Now that it's a bit colder, I'd rather stay in with pizza and computer games.

You look great today. What makes for a sexy shoot?

Definitely confidence. If you're having a bit of banter with the photographer, and you're laughing throughout the day that definitely shows in the pics. I like to dress in lingerie, stockings and all that, but I've got my cheeky side – my little hotpants and cool tees. I like rocking the girl-next-door look.

You were in our world's sexiest blondes feature a while back...

Yeah, I did see that! Thank you – I loved it! All my favourite blondes were in it. I've always had a crush on Holly Madison from *The Girls of the Playboy Mansion*. She's fantastic, and my favourite one.

The year's rapidly coming to the end, so what have been the highlights of 2013 for you?

I've been on holiday three times this year! I've had a good summer of partying and barbecuing with friends. ►



“I like the girl next door look – cheeky hotpants!”



HOLLIE SPARROW

**“I can’t wait
to party
with those
crazy, drunk
models!”**

And there have been some good albums out, which I've really enjoyed. At the moment, I'm into a band called All Time Low. I've been listening to their deluxe album, which was released about a month ago.

So you're into a bit of pop-punk, then?

Yeah! Everyone's like, "You're so blonde! You don't fit the criteria to like that sort of music!" But that's rubbish. You'll see me at Slam Dunk festival and stuff.

Awesome! Christmas party season is upon us soon. Are you starting to get excited?

Yeah, too right! The agency that I model for has a massive Christmas party every year so I can't wait to be partying with all those crazy, drunk models. Honestly, you can't beat a drunk model on a night out! There are so many horror stories from previous parties!

Does that mean lots of deleting boozy tweets the morning after the heavy night before?

Yes! Ha-ha! I'm a drunk tweeter and I can't help it. I always do it – especially with really embarrassing photos. I just leave them up there. I think, "I must have tweeted that for a reason at the time, so I'll just leave it!"

When you're out, do you get chatted up, or do you find that blokes are scared to approach you because you're so pretty?

Normally, it's a mixed bag when I'm out with friends on a night out. If I go out in town, I do get the odd offer of a drink. It's a really nice thing to do, and it takes a lot of balls!

Sorry, but we have to ask you this... Do you have any relatives called Jack by any chance?

Ha! Oh my god, bloody *Pirates of the Caribbean*! I get asked that all the time. "Is your brother called Jack? LOL!" Or I get asked if I'm related to Sam Sparro, who did that *Black and Gold* song. I don't even know what he looks like! ❌





JIMMY CARRI!

The top comic gives
Nuts the heads-up
on his new act!

"TERRORIST
SEX DOLLS.
DO THEY BLOW
THEMSELVES UP?"

"BURNS VICTIMS.
THEY TEND
TO STICK
TOGETHER!"

Hello Jimmy!
You haven't been in *Nuts* for a while. What's new with you?
 The usual.

There's a new DVD conveniently out for Christmas called *Laughing And Joking*, and my tour has been announced, aptly titled *Funny Business*.

You've been doing this for yonks now. Do you worry about losing your edge?

I'm never worried about stuff being edgy. But if a joke doesn't get a laugh then I'll never say it again. The audience is a genius – they know what's funny and what isn't. They ultimately decide the fate of a joke. I write a lot of stand-up backwards. I create the punchline first, and then backtrack to a plausible set up. It sounds counter-intuitive, but it works for me.

When comedians get together behind closed doors, is it all one big banter fest or are you all secretly quite stern?

It's pretty fun when comics get together – for the comedian, that is. I get the feeling the wives and girlfriends are bored to tears with our well-worn worst-gig war stories.

Which comics working today do you envy?

I'm impressed when people do funny material that's entirely clean. I'm doing the Royal Variety this year, and I've really struggled to come up with ten minutes of material I can do in front of the Queen, yet won't land me in the Tower of London!

Any advice for someone who wants to heckle you?

Just make it funny. As long as the audience is laughing,

I don't care if I got the laugh or you did. But if you heckle, it may transpire I've f**ked your mum. I often get someone heckling "Where's Alan?" To which the only response is, "He's at your house f**king your dad!" Apologies to Alan, he isn't, he's got a lovely boyfriend.

We hear comics make a mint doing corporate gigs on the side, right? Have you ever done any weird ones?

Yeah, that's right, and the weirder – the better. But I find black-tie, after-dinner

a great way of presenting comedy on TV. I don't think you can have too much of a good thing. If you don't agree, don't watch them.

How competitive do those shows get with comedians vying for the biggest laughs?

It actually tends to be pretty relaxed on the shows I do. No one is really keeping score at home. They only care if it's a funny show. If another comic is playing a blinder, then everyone on that show tends to look great. I'm very happy to just

to take anything seriously, which makes life more fun.

Is it really true that you can laugh a girl into bed?

You can laugh a woman into bed. The tough bit comes 20 minutes later, when you're trying to laugh her into a taxi home!

You must drive to a lot of gigs, so which is your favourite service station?

M6 toll road – pristine, deserted facilities.

Are you and Ricky Gervais competing over who has the most distinctive comedy laugh?

I don't know about distinctive – I think my laugh is just plain wrong. You're meant to laugh on an out-breath. I laugh on an in-breath. It sounds like a seal being molested.

Ha! Where's the weirdest place you've ever been asked for an autograph?

In a Soho Sex Shop while shopping with Boy George. We were filming for a TV show. I swear it's not how it sounds! Ha-ha!

You're always impeccably turned out. Any fashion tips for the men of Britain?

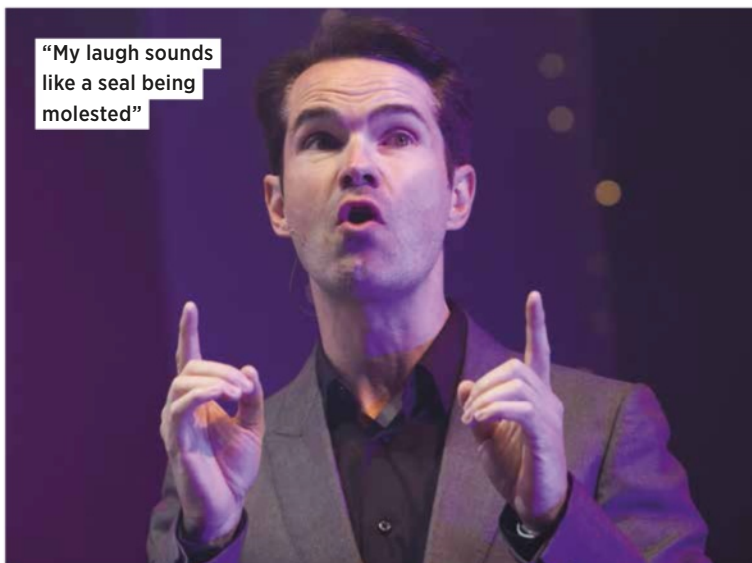
Wear a dark-blue suit. There's no occasion you won't fit in. They've yet to design a man who doesn't look better in a suit.

Finally then, you love your motors – what car are you driving at the moment?

I'm not driving at the moment. I'm "rolling" in a Range Rover. If you like being comfortable, feeling safe and driving, it's simply the best car on the road – and off it come to that! I bloody love it. ✕

● Jimmy Carr's *Laughing And Joking* is available to buy now from 4DVD.

"My laugh sounds like a seal being molested"



affairs tend to be pretty fun. Everyone's in a good mood and they're all getting drunk on the company. So what could go wrong? But the strange ones are the private parties. I once did a gig for just ten people in their kitchen. I just stood and told jokes at the end of the table. It was far scarier than playing Wembley.

8 out of 10 Cats is a staple now, but do you think there are too many naff panel shows being churned out?

I just feel sorry for people sitting at home without remote controls. They're the ones complaining, right? Otherwise they'd just switch channels? Ha-ha! Seriously though, panel shows are

put my feet up and bask in the reflected glory.

Do you Facebook stalk old school friends?

Depends what you call "stalking". If you mean creepily checking out the holiday photos of girls I used to fancy at school to see what they look like in a bikini, then yes.

Do people expect you to be sarcastic and cutting off stage, and has that ever got you into trouble?

I once made a friend laugh out loud at a funeral. I don't know if you would call it "trouble" – I got a dead leg. You never get sick of people expecting you to be funny. It's great. It forces you not

1 “Don’t eyeball me! I’ve seen your mother driving up and down these streets looking at me – I’ll be your stepfather in about a week!”

PAIN & GAIN (2013)

42 MOVIE PUT-DOWNS!

Incredible insults from your favourite foul-mouthed flicks!

2 Boss: “You think you got what it takes?”

Ted: “I’ll tell you what I got – your wife’s pussy on my breath.”

Boss: “Nobody’s ever spoken to me like that before.”

Ted: “That’s because their mouths were full of your wife’s box.”

Boss: “You’re hired!”

TED (2012)

3 Ron Burgundy: “Is that your foot between my legs?”

Linda: “No...”

Ron: “Oh, it was my hand.”

ANCHORMAN 2 (2013)

34 Nuts



4 Kick-Ass: “What’s the matter, sh*t hit your shorts?”

Red Mist: “Yeah, and I’m gonna wipe my ass with your face.”

KICK-ASS 2 (2013)

5 “Twenty dollars a day for the internet? What the f**k? And they accuse me of being an international criminal?”

THE DICTATOR (2012)

6 “You’re a real boring f**k. Sorry, sorry, I know that you disapprove of swearing, so I’ll sort that. You’re a boring F-star-star-c**t!”

IN THE LOOP (2009)



7 “You punch like a vegetarian!”

ESCAPE PLAN (2013)

8 “This paperwork is like Bob’s wife here. It’s thick, ugly, and has men’s fingerprints all over it. No offence, Bob!”

THE OTHER GUYS (2010)

9 “This kid’s f**king nine years old, and he’s got balls twice your size!”

THE HANGOVER PART II (2011)

10 “You’re a c**t. You’re a c**t now, you’ve always been a c**t and the only thing that’s gonna change is you’re gonna become an even bigger c**t. Maybe have some more c**t kids.”

IN BRUGES (2008)

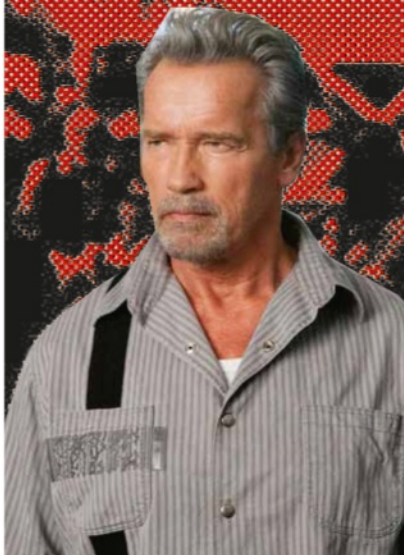
11 “Sticks and stones may break my bones, but I will kick you repeatedly in the balls!”

STEP BROTHERS (2008)

12 **James Franco:** “You don’t come on my stuff!”

Danny McBride: “I’ll come wherever the f**k I want, James! I’ll f**king come in your kitchen, I’ll come on your f**king art, I’ll come anywhere I want!”

THIS IS THE END 2013



FUNNY FILM INSULTS

13 “Who the f**k are you supposed to be? The Green Condom?”

KICK-ASS (2010)

14 **Dave:** “I don’t see why not, Gerald...”

Gerald: “Because you’re fat and he’s thin, and you’re both f**king ugly!”

THE FULL MONTY (1997)

15 “‘McLovin’? What kind of a stupid name is that? Are you trying to be an Irish R&B singer?”

SUPERBAD (2007)

16 “Your mum rang about you going around tomorrow night, then Liz rang about the two of you eating out tonight, and then your mum rang back to see if I wanted to eat her out tonight.”

SHAUN OF THE DEAD (2004)

17 “Take a big step back and literally f**k your own face!”

TROPIC THUNDER (2008)

18 **Ray:** “Everything was fine... until the power grid was shut off by dickless here.”

Mayor: “Is this true?”

Venkman: “Yes, it’s true... this man has no dick.”

GHOSTBUSTERS (1984)

19 “You smell like aftershave and taco meat!”

BLADES OF GLORY (2007)

20 **Pat:** “The angels came and carried Molly away”

Sidekick Simon: [looks at photo of Molly] “There must have been quite a few angels!”

ALAN PARTRIDGE: ALPHA PAPA (2013)

21 “Your face looks like Robin Williams’ knuckles!”

KNOCKED UP (2007)

22 “Let’s get one thing straight. I don’t trust you. And if you betray us, I’ll rip your f**king balls off and stuff them up your ass so that the next time you sh*t, you’ll sh*t all over your balls, got it?”

TEAM AMERICA: WORLD POLICE (2004)

23 **Perp:** “I have my rights!”

Mike Lowrey: “Why don’t you exercise your right to shut the f**k up?”

BAD BOYS II (2003)

24 “You are a smelly pirate hooker. Why don’t you go back to your house on Whore Island?”

ANCHORMAN: THE LEGEND OF RON BURGUNDY (2004)



25 “It’s like watching a bunch of retards trying to f**k a doorknob out there!”

DODGEBALL (2004)

26 “We burnt this tight-assed city to the ground in 1814, and I’m all for doing it again, starting with you, you frat f**k!”

IN THE LOOP (2009)

27 “Shut up, c**t. You louse. You got some f**king neck ain’t you? Retired? F**k off, you’re revolting. Look at your suntan – it’s leather, it’s like leather, man, your skin. We could make a f**king suitcase out of you. Like a crocodile, fat crocodile, fat bastard.”

SEXY BEAST (2000)

28 “What are you gonna do, tell on me? You can’t, buddy. It’s guy code. That’s something chicks do. You’re not a chick, are you?”

OLD SCHOOL (2003)

29 "You are by far the dumbest, most pathetic piece of maggot-eating sh*t that has ever slid from a human being's hairy ass. You're an emotional f**king cripple. Your soul is dogsh*t. Every single f**king thing about you is ugly."

BAD SANTA (2003)

30 "There are only two things I hate in this world – people who are intolerant of other cultures, and the Dutch."

GOLDMEMBER (2002)

31 "Get back in your rocket and f**k off back to Legoland, you c**ts!"

THE WORLD'S END (2013)

32 "If it isn't Humpty Numpty sitting on a wall like some clueless egg c**t."

IN THE LOOP (2009)

33 "Part of you ran down the crack of your mom's ass and ended up as a brown stain on the mattress!"

FULL METAL JACKET (1987)



FUNNY FILM INSULTS

34 "I don't give a tuppenny f**k about your moral conundrum, you meat-headed sh*t sack."

GANGS OF NEW YORK (2002)

35 "You're as useful as a c*ck-flavoured lollipop!"

DODGEBALL (2004)

36 "He thinks *Moby-Dick* is a venereal disease."

WEDDING CRASHERS (2005)

37 "100,000 sperm and you were the fastest?"

VERTICAL LIMIT (2000)

38 "You c*ck-juggling thunderc**t!"

BLADE: TRINITY (2004)

39 "I'm tired from f**king your wife!"

THE DEPARTED (2006)

40 "I'm going to take a picture of what a c**t looks like."

FILTH (2013)

41 "You're literally too stupid to insult."

THE HANGOVER (2009)

42 "You f**king fringe. If I throw a dog a bone, I don't want to know if it tastes good. Stop me again and I'll cut your f**king Jacobs off."

SNATCH (2000)

A full-page photograph of Helen Flanagan. She is a blonde woman with blue eyes, looking directly at the camera. She is wearing a black and white lace lingerie set with red bows. She is posed against a background of ornate, aged wall panels with peeling wallpaper and decorative metalwork.

EXCLUSIVE!

Helen Flanagan

Beat the winter blues with one
of Britain's best-loved babes!

HELEN FLANAGAN



“When it’s freezing, you want a person to get cosy with!”



IT'S COLDER than a polar bear's goolies outside, we've all got the sniffles and if we see one more Christmas ad we're going to chuck a mince pie at the telly (sorry, Morrisons had them on offer).

But fear not, gents, as we've asked Helen Flanagan, sexy star of the small screen, for a bit of advice on how to make it through the miserable months. Of course, Miss Flanagan isn't exactly dressed for winter in these exclusive new snaps she sent to *Nuts*, but we'll let her off for being so ruddy, bloody beautiful. Over to you, Hels!

Find someone to have a nice snuggle with...

Why fork out 200-odd quid for a North Face jacket when you can just utilise the body warmth of another – ideally more attractive – person? That's Helen's advice, at least. “When it's freezing outside, you want a nice person to get cosy with. I'm talking lots of cuddles, affection and so forth,” she tells *Nuts*. We can only imagine what exactly “so forth” might entail.

Wrap up warm and embrace saucy season...

Sure, sexy ladies parade around beaches in their smalls in summer, but many scientific studies have shown that winter is indeed the friskier season. “I much prefer winter – I think it's more romantic,” agrees Helen. Who are we to argue with science or, much more importantly, Ms Flanagan?

Wear comfy clothing...

While most of us are cracking out long johns and thermals, Helen reveals to *Nuts* she ►

**“I’m a big
fan of Agent
Provocateur!”**





**“Blokes look
so fit in a bit
of Burberry!”**

enjoys slipping into something seriously comfortable in the cold months. "I'm a big Agent Provocateur fan, so I get loads of bits from there. I always have their whole collection every season," she reveals. Er, well if you don't send us some pics we won't believe you!

Make sure you look nice for the lady-folk...

That 'orrible bit between Halloween and Christmas might seem a bit dull, but don't forget that it also heralds the start of the glorious festive party season. Helen's advice is to look your best to impress any pretty party-goers you'll encounter on your travels. "On a bloke, I like a fitted jumper – I think that looks really cute on a guy. Also, I love a bit of Burberry on a bloke. Seriously, you'd look so fit in that!" Thanks very much, Helen!

Go out on the pull at night...

Seeking human warmth and the aforementioned party season means your chances of encountering a real-life lady increase dramatically around now. Here are Ms Flanagan's top tips on pulling etiquette: "I wouldn't go for a bad boy. No bad boys. Be charming and act like a gent and you'll go far."

Let the night take you wherever...

"I don't make any plans – life is crazy at the moment!" Helen exclaims to *Nuts* when we ask her what she's most looking forward to about the winter months. Her main bit of advice is to go out, drink, and be merry. "I genuinely find my friends funnier than famous people. My mate Maddy is hilarious!"



Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!



**CARL FROCH VS
GEORGE GROVES**
SATURDAY • Sky Sports
Box Office/HD, 6pm
It's the battle of the Brits!



The Jeremy Kyle Xmas ad wasn't as successful as John Lewis' effort

Friday 22 November

NEW SERIES!



Cowboy Surgeons: the show that investigates comen in the NHS

Live At The Apollo

BBC ONE • 9.30pm

The superior stand-up show is back for its ninth series, so prepare your ribs for a thorough tickling from *The Last Leg* chap Josh Widdicombe and South African gagster Trevor Noah. Cross-dressing marathon-machine Eddie Izzard is hosting.

★★★★



Greg grew attached to his *Inbetweeners* teacher outfit

Man Down

CHANNEL 4/HD • 9.30pm

Good news! This very silly and genuinely funny show's been green-lit for a second series. So we'll get more of man-mountain Greg Davies getting into preposterous and surreal scrapes. And more of Rik Mayall's utterly brilliant nightmare dad making his life a misery. It sometimes swings and misses, but when it hits – it hits.

★★★★



Spoiler: England won

Rugby World Cup Winners: Ten Years On

ITV/HD • 10.35pm

To mark a decade since England won the World Cup, some of the bruisers who were there – including Dallaglio and Dawson – remember the victory England have yet to replicate.

★★★

**WALLY
OF THE
WEEK!**



**CHRIS TARRANT
GOES FISHING**

CHANNEL 5/HD
7pm

Chuckly berk Chris Tarrant sits around all day trying to catch pike at a big lake in Somerset. It's easy if you know the answer: don't bother.



Saturday 23 November



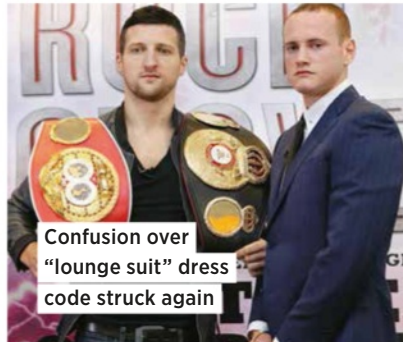
"Simon says: drop to the ground like you've been shot"

West Ham vs Chelsea

SKY SPORTS 1/HD • 5pm

Mourinho's men may have stuttered, but a run at a team with only one win in ten, shipping home goals like sweet wrappers, will have Jose licking his lips. However, in 92 matches vs West Ham, Chelsea have won just 38, lost 36 and drawn 18. So there.

★★★★



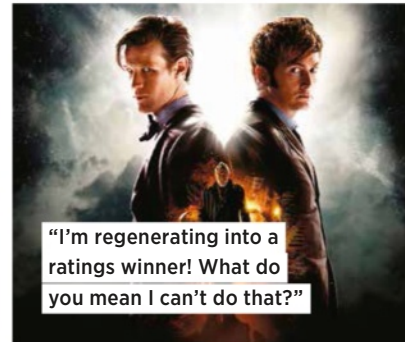
Confusion over "lounge suit" dress code struck again

Carl Froch vs George Groves

SKY SPORTS BOX OFFICE/HD • 6pm

Get the beers in, hide the remote from the missus and enjoy a top night of boxing as Nottingham basher Froch defends his super-middleweight titles in Manchester against Londoner Groves. The Cobra's been brash about his chances – but Groves is unbeaten.

★★★★★



"I'm regenerating into a ratings winner! What do you mean I can't do that?"

Doctor Who: Day Of The Doctor

BBC ONE/HD • 7.50pm

The Beeb wouldn't release any preview discs, so this extra-special, feature-length, 50th anniversary, star-studded extravaganza – starring both Matt Smith and David Tennant as the Doctor – might be great, or it might be bobbins. We're veering to great.

★★★★

BETTING SLIP

PUNT OF THE WEEK!

EVERTON VS LIVERPOOL

BT SPORT 1/HD • 11.30am

Both games were drawn last term, while the Merseyside rivals have racked up an impressive ten clean sheets between them this season. Go for a 0-0.

Sunday 24 November



He struggled to realise you don't score by hitting the crowd

Super Sunday

SKY SPORTS 1/HD • 12.30pm

The irresistible force meets the immovable object as City's big-scorers face a Spurs side robust in defence – yet shy in front of goal. City have yet to lose at the Etihad in the Prem this season, though. After that, we'll find out if Man United's recent revival continues when they face the always-tricky-at-home Cardiff City.

★★★★★



If only Red Bull gave you wings

Brazilian Grand Prix

SKY SPORTS F1/HD • 2.30pm

We knew Vettel would be the man to beat this season, but we didn't expect him to win umpteen races in a row on the way to claiming his fourth world championship. This is the last race of the season, but hopefully Hamilton or Button will put up a fight next year.

★★★★★



The new Apple iQuill was 70 per cent lighter than previous models

Toast Of London

CHANNEL 4/HD • 10.30pm

The first series of the brilliantly surreal comedy starring *IT Crowd* bloke Matt Berry as failing actor Steven Toast ends with him losing £20,000 to Andrew Lloyd Webber in a game of poker, then being pursued by your nan's favourite singer, Michael Ball. Utterly hilarious. Bring on another series please, Channel 4!

★★★★★

NASTY NATURE!

RAGING PLANET

QUEST • 9pm

Survivors of lightning strikes explain just what it was like to have 20 million volts shoot through their bodies. Toasty, we're sure. Best record this if you hear rumbles outside, mind...

Monday 25 November



"I'm in agony!
Nah, it's OK, I'll
take the penalty"

West Brom vs Aston Villa

SKY SPORTS 1/HD • 7pm

With Birmingham, Wolves and, um, Walsall languishing in the lower leagues, it's left to the Baggies and Villains to fly the flag for top-flight Black Country teams. This could be an entertaining derby with both sides mid-table yet stupidly inconsistent.

★★★★



"I warned you what would
happen if you ruined *Breaking
Bad* for me, didn't I?"

Strike Back: Shadow Warfare

SKY1/HD • 9pm

The fourth series of the drama based on ex-SAS man Chris Ryan's book continues to provide tension, action and style. The story turns to Budapest tonight, where the team are tipped off about an arms shipment McKenna's planning to ambush.

★★★★



"I just want to watch
TV at night and you
not to be on it, Jack"

Fresh Meat

CHANNEL 4/HD • 10pm

Jack Whitehall's having a bit of a telly takeover recently, what with his shiny new chat show on the Beeb, and his role as big, posh sod JP in *Fresh Meat*, which we still love him in. There are loads of japes this week, including medical trials and library fights – neither of which we encountered when we were at university.

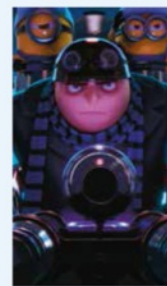
★★★★

**kidult
corner**

DESPICABLE ME 2

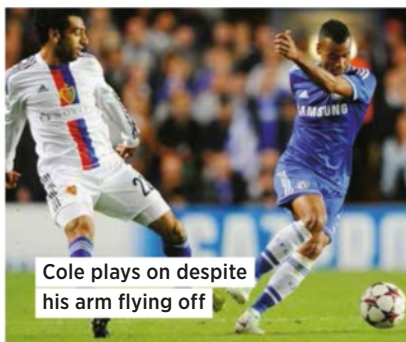
**SKY BOX OFFICE/
HD • From 6pm**

Genuinely funny animated comedy sequel about a reformed criminal mastermind who helps a secret agent capture one of his fellow evil geniuses. Steve Carell voices.



Tuesday 26 November

● New issue of *Nuts* on sale today!



Cole plays on despite
his arm flying off

FC Basel vs Chelsea

SKY SPORTS 2/HD • 7pm

When Chelsea lost at home to Basel in their opening Champions League game, a second group-stage exit in succession looked possible. They've won the three games since, but they struggled to see them off last season, too. This won't be easy.

★★★★



"What do you mean
my f**king present
hasn't got 4G?"

Kick-Ass

FILM4/HD • 9pm

If your idea of a fine flick is ultra violence, martial arts, limbs being hacked right off, huge set pieces, masked vigilantes and Nicolas Cage dressed as a Matalan Batman – all soundtracked to as fine a selection of cussing as you'll hear all year – then your evening's sorted. You can thank us in lager. Usual address.

★★★★



"Look, I'm only doing
this because I didn't
make *I'm A Celebrity*"

Elementary

SKY LIVING/HD • 9pm

Sherlock investigates close to home, as Captain Gregson's (Aidan Quinn) home is invaded, and the super-sleuth isn't certain that Gregson's wife is completely innocent. Guesting this week as the wanted missus is *Mad Men*'s Talia Balsam who, fact fans, was married to coffee-flogger George Clooney for four years.

★★★★



**HIDDEN
HONEY!**

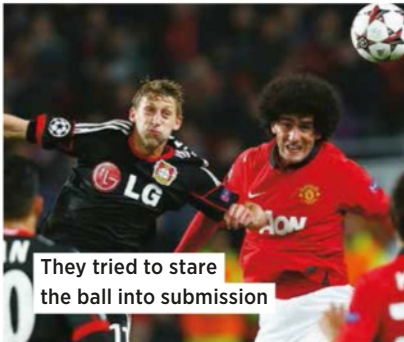
**WITCHES OF
EAST END**

LIFETIME • 10pm

This lady-pleasing supernatural drama isn't for us, but it does star the very easy-on-the-eye Jenna Dewan-Tatum, so we won't complain.



Wednesday 27 November



Bayer Leverkusen vs Man United

SKY SPORTS 2/HD • 6pm

Leverkusen will take group top spot from United if they win tonight in the Champions League. But David Moyes' men put four past the Germans at Old Trafford in September, so this should (repeat: *should*) be a workaday win for Rooney and co at the BayArena.

★★★★



The Tunnel

SKY ATLANTIC/HD • 9pm

This is turning into a cracking murder mystery as the chalk and fromage English and French detectives are still no nearer to catching the "Truth Terrorist" serial killer. Suspicion, however, points to one of their own. Is a twisted copper behind the murders? Either way, that tabloid journalist is definitely going to get it.

★★★★



Backchat With Jack Whitehall And His Dad

BBC THREE • 10pm

Turns out Jack Whitehall's dad is a mickey-taker, too! Tonight the chat show duo take on *Nuts* favourites Gary Lineker, Holly Hagan and her fellow *Geordie Shore* scamps.

★★★★



Thursday 28 November



Europa League Football

ITV4/HD • 5.30pm

Another double-bill from the Europe's second cup. Spurs face Norway's Tromsø and will surely play their reserves with qualification secured. Then Swansea host Valencia needing a win to make progression certain – a worry as they keep drawing of late.

★★★★



Surviving The Arctic With Chris Terrill

CHANNEL 5/HD • 9pm

Earlier this year, *Nuts* interviewed adventurer Chris Terrill about his incredible expeditions, and his new show sees him explore the Arctic. A must-watch for budding daredevils.

★★★★



Blue Bloods

SKY ATLANTIC/HD • 10pm

The entertaining drama following an NYPD commissioner and his family of cops returns for a fourth series, with Movember-addict Tom Selleck in the lead role. A police officer is killed during an armed robbery and things get more than a bit feisty in the Reagan family when Erin releases the suspect due to a lack of evidence.

★★★



Nuts REVIEWS

MOVIES



"How do you get the internet on this thing?"



THE FAMILY

November 22 • 15

Robert De Niro plays a Mafia snitch exiled to a small French town on

witness protection. Director Luc Besson made *Taken* and delivers

a black comedy that proves you can take the gangster out of the underworld... Cue the carnage as Bob brings a certain je ne sais quoi to some *Sopranos*-esque violence. And look out for *Glee* girl Dianna Agron – she's hot! Silly, but rather funny. ★★ ★★



They loved their his'n'her leotards



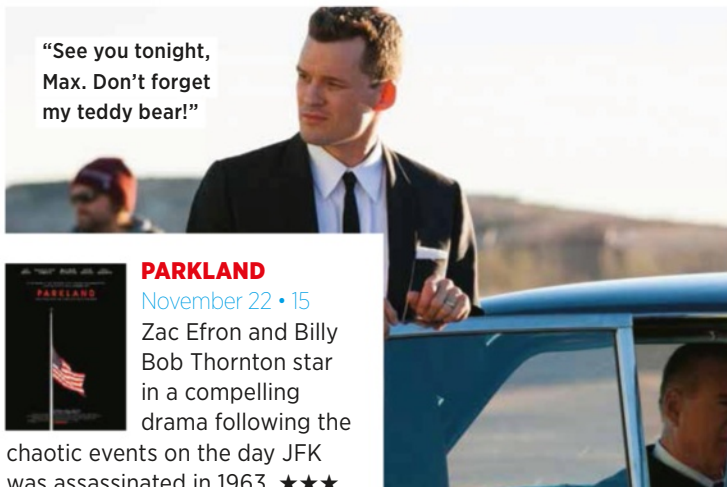
THE HUNGER GAMES: CATCHING FIRE

November 21 • 12A

If you've missed Hollywood hottie

Jennifer Lawrence kicking bum, then you're in luck. The second

of the trilogy sees Katniss Everdeen return for more fantasy fisticuffs in the event where teens are pitted against each other in a vicious fight to the death. It's pandemonium in the nation of Panem – we wouldn't wanna live there! ★★ ★★



"See you tonight, Max. Don't forget my teddy bear!"

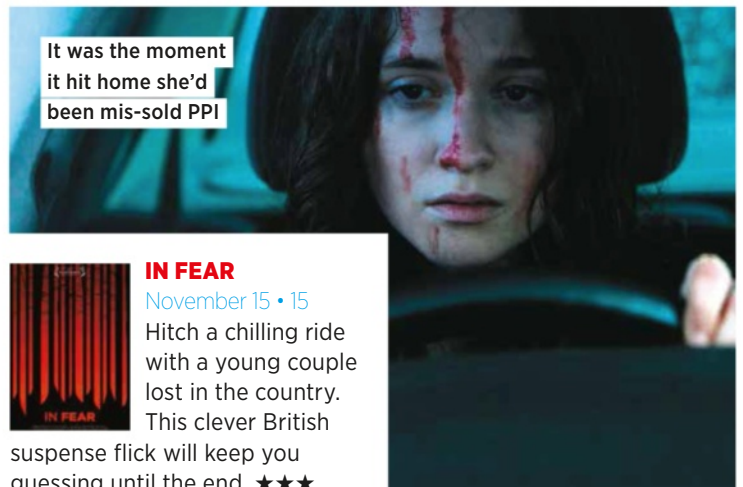


PARKLAND

November 22 • 15

Zac Efron and Billy Bob Thornton star in a compelling drama following the

chaotic events on the day JFK was assassinated in 1963. ★★ ★



It was the moment it hit home she'd been mis-sold PPI



IN FEAR

November 15 • 15

Hitch a chilling ride with a young couple lost in the country. This clever British

suspense flick will keep you guessing until the end. ★★ ★

MUSIC



JAKE BUGG SHANGRI LA

The moody Nottingham chap sounds like he's cheered up for his second album, which is a jaunty affair all-in-all. ★★ ★★



PACHA ORIGINAL HOUSE ANTHEMS

Cracking compilation featuring 60 classic house anthems. Perfect "please all" fodder to stick on for your festive house party. ★★ ★★



FIVE FINGER DEATH PUNCH WRONG SIDE... (VOL 2)

A little something for the metalheads – it's the second part of Death Punch's angry 2013 record. Just in time to scare off winter... ★★ ★



NME PRESENTS... THE 90S

Our smelly chums at sister mag *NME* have compiled a tidy collection of their favourite '90s tracks. Some crackers on here! ★★ ★★

RATINGS: ★★★★★ Genius ★★★★★ Very good
★★★★ Investigate ★★ Alright ★ Rubbish

DVD & BLU-RAY



In a bid to boost ratings,
X-Factor's bottom
two fought for survival



THE WOLVERINE DVD & Blu-ray • 12

If you were let down by *Origins*, don't give up on the superhero with the claws just yet. This follow-up – and the sixth in the *X-Men*

series – is far better. Wolverine (Hugh Jackman) heads to Japan where – having lost his immortality (welcome to the real world, pal!) – he faces an epic battle against his own demons as well as ninjas on the streets of Tokyo. Great fun! ★★★★★



DEXTER – THE FINAL SEASON DVD & Blu-ray • 15

TV's best-loved serial killer bows out with a strong final series. Shame about the lame ending, though. ★★★★★



MICKY FLANAGAN: BACK IN THE GAME DVD & Blu-ray • 15

The shaggy-haired Cockney japester puts in a good turn from his latest tour at London's Hackney Empire. ★★★★★

APPS



NUTS

iOS & Android

Get the jokes, cars, sport and girls of *Nuts* on screen. The enhanced version also has videos! Ace, even if we do say so ourselves. ★★★★★



ORDERELLA

iOS

Awesome app you can use in selected pubs to order and pay for rounds, then have them brought to you. Convenient! ★★★★★

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NUTS.CO.UK/MAGAZINE



A MASSIVE *Nuts* Games winner!

Michael Inman bags £126k on *Nuts* Games!

➔ **NUTS GAMES** has once again made one of our members' dreams come true! Michael Inman, a 33-year-old plasterer from Southsea, talks us through his jackpot win.

Hi Michael! First of all, congratulations on your win. You must be absolutely over the moon! Thank you! I am. I'm still in shock.

Can you talk us through the win? After a hell of a day at work I went home, put my feet up with a cuppa and gave *Nuts* Games a whirl. I was in the living room on the PC while my wife was watching TV and up it popped on my screen: "Congratulations! You've won the jackpot!" I couldn't believe it. It's amazing!

How did your wife react? She didn't believe me at first but then she looked

at the computer. She's so happy and so am I because now I can do no wrong!

And how did you and your wife celebrate? We cracked open a big bottle of whisky!

Have you had any other wins on *Nuts* Games in the past? Yeah, I've been pretty lucky since I started. I've only had a few slow weeks but that's expected.

Have you started spending those winnings yet? I certainly have. I've treated myself to a new Mercedes C-Class sport, bought my wife a diamond ring, spoilt my little boy and paid off half of the mortgage. It looks like Florida's on the cards for next year as well!

Thanks a lot for the chat, Michael! Finally, what are your tips to help our *Nuts* Games players? Don't go chasing it. Give yourself a limit and stick to that each time you play.

"Over £4m won every day! That's ten winners every second!"



Deposit £10, we'll give you an **EXTRA £25!*** Enter promo code **NUTSG47**

WWW.NUTSGAMES.CO.UK

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Nuts GAMES

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Nuts GEAR

BEATING HEART

It's powered by a 2.26 GHz quad-core Snapdragon chip.



1 LG G Flex

www.lge.com

Nuts says: The world's first curved-screen smartphone will hit stores in Korea this month and our shores next year. Why? Well, because, that's why.

FREE WITH
CONTRACT

CAMERA SCREEN

There's also an SD card slot to view pics straight from your camera.

2 Panasonic Viera TX-P42GT60B

www.panasonic.co.uk

Nuts says: Panasonic is getting out of plasmas, so snap one up while you can. This smart 42-incher has three USB sockets, three HDMI and Freeview.

£999



3 Misfit Shine

www.johnlewis.com

Nuts says: Wearable waterproof fitness tracker. It syncs to an app and senses what sport you're doing, to count calories burned, and lasts four months per charge.

£100



WEARABLE TECH

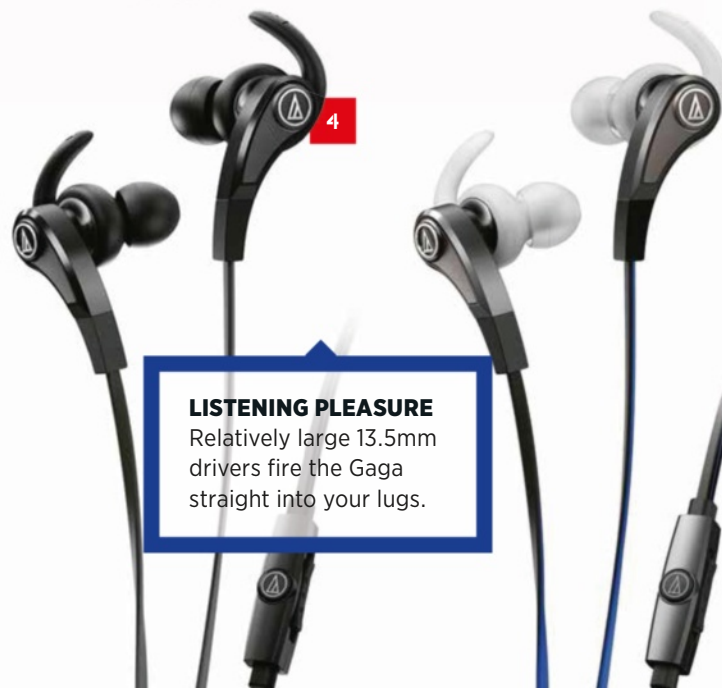
You can wear this on your wrist, shoe, belt or even swimsuit.

4 Audio Technica SonicFuel 9iS

www.audiotechnicashop.com

Nuts says: In-ear headphones with lovely noise, plus, there's a "C-tip configuration" to lock them in your ear, making them tops for sports.

£75



LISTENING PLEASURE

Relatively large 13.5mm drivers fire the Gaga straight into your lugs.

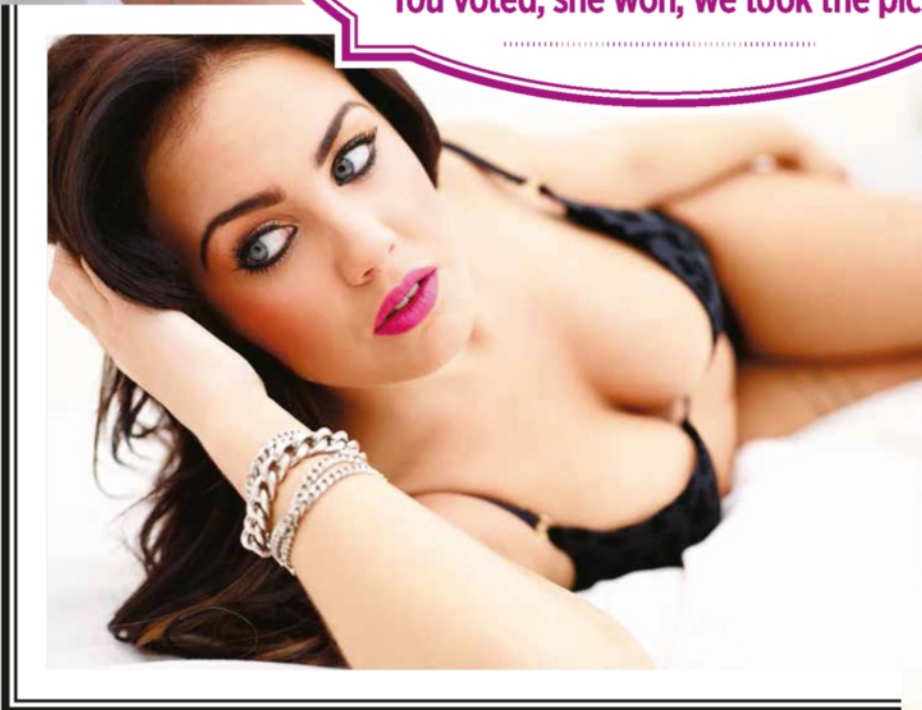
Nuts **REAL GIRLS**



"I'm a professional party animal!"

BEDROOM **BABE!**

You voted, she won, we took the pics!



“A girl should feel sexy in whatever she wears!”



Amber

19 Great Yarmouth

Day job: Hairdresser

Boob: 34C

Turn ons: “You can’t beat the smell of a good aftershave!” ▶

*If you obey all the rules
you will miss all the fun
Who dares wins.*

**“As a hairdresser,
I’m pretty good
with my hands!”**



A woman with long, wavy dark brown hair and bright blue eyes is posing in front of a white-framed window. She is wearing black lace underwear and a wide, ornate silver bracelet on her left wrist. Her left hand is resting on the window pane, and her right hand is near her chest. She has a tattoo on her left thigh that reads "If you love me".

**“I look
gorgeous
in my
birthday
suit!”**

**Turn to vote for our
next Bedroom Babe!**

Nuts
HOOK-UPS

**JOIN
NOW
FOR
FREE**



HOOK UP WITH THE HOTTEST GIRLS, TONIGHT!

Join *Nuts* Hook-Ups for FREE today! Search member profiles for some no-strings fun tonight!

Jodie, 24

"I joined *Nuts* Hook-Ups as it looked a lot less scary than more official dating sites. I'm meeting a guy this weekend and from what we've been talking about, I think we're going to have a lot of fun!"

Charlotte, 22

"My best friend joined *Nuts* Hook-Ups a little while ago and it wasn't long before she met a really nice guy... I didn't want her to have all the fun so I thought I'd better try it out for myself!"

Hannah, 28

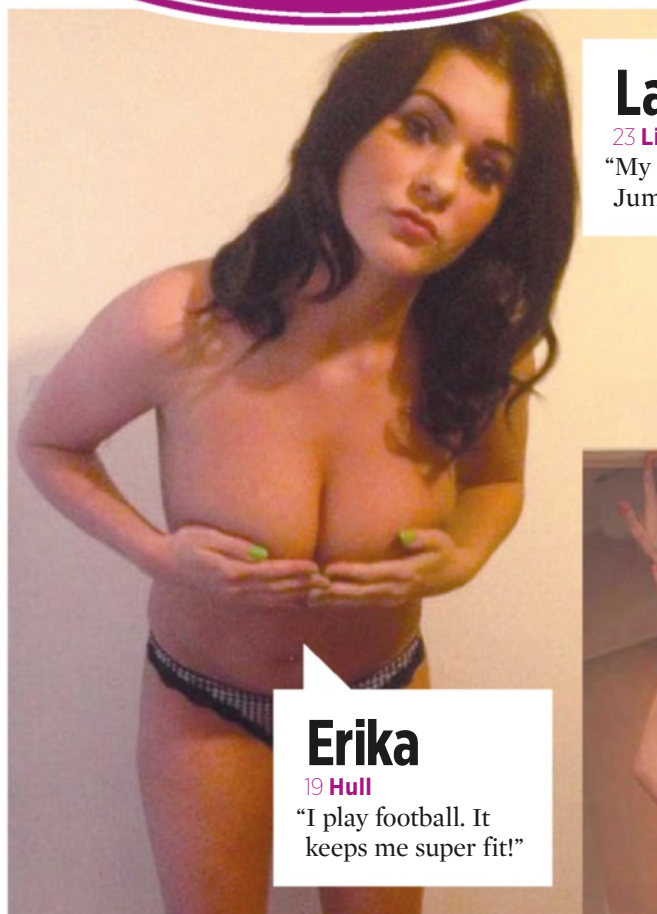
"So far it's been really exciting since I joined *Nuts* Hook-Ups! It's great that there's no pressure – I'm in it just for some no-strings fun, and I've certainly been having plenty of that!"

NUTS.CO.UK/HOOKUPS



BEDROOM BABE VOTE!

Pick your winner – and she'll star in *Nuts*!



Lauren

23 **Liverpool**

"My killer combo?
Jumpsuit and heels!"

Emily

20 **Chingford**

"I've got some cheeky
Ann Summers pieces!"



Erika

19 **Hull**

"I play football. It
keeps me super fit!"



Lauren

24 **Leeds**

"I love guys who
make me laugh!"

Vote now!

The winner gets her own
Bedroom Babes shoot
in a future issue of *Nuts*!

Choose the girl you think
is the hottest, go to www.nuts.co.uk/girls, click on
the "Bedroom Babes" bit
and vote for her. Simple!

Ladies! Send your photos to **Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU**. Or email nutsgirls@ipcmedia.com. You must be over 18.



10 RUDE QUESTIONS!

And a real girl to answer them!

Jessy

21 Hertfordshire

1 Where's the strangest place you've had sex?

"It was on a private beach in the sea at night. Looking back on it, it was particularly romantic as it was beneath the stars and you could hear the sea hitting the rocks."

2 What's your trademark move in the bedroom?

"I've been told that I'm really good at using my

mouth because I always tease with my tongue!"

3 What really turns you on?

"It has to be a hard, passionate kiss. As the other person pulls me closer, I love to see how worked up they get. It's such a turn on!"

4 What's the one thing you'd like to try but haven't yet?

"I'm quite experimental as it is, and I fly around the world

a lot, so I'd really love to join the mile high club!"

5 Ever got on it with another girl?

"I'm a crazy girl and do have some crazy girl friends so the answer to that question's a definite yes! We love to tease the boys when we're out."

6 What's your favourite sexy outfit?

"It simply has to be white lingerie, a lacy thong and

matching bra with suspender belt and stockings."

7 Have you ever made a sex tape?

"I have! Only one, though, and it was with an ex-boyfriend. It really turned me on knowing we were filming it."

8 What's the rudest thing you've ever done?

"I once got my boobs out in the middle of a club for a picture. That was pretty rude!"

10 Is it better to give or receive?

"It turns me on knowing I'm satisfying a bloke – I'm a giver!"

9 What's your favourite position?

"It has to be me on top. I really love being in control and seeing the other person enjoying it."



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TO OUR SECRETARY!

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**SHARE
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Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!



CONFESSION OF THE WEEK!

'We romped in the sea!'

THIS SUMMER, I went on holiday to Tenerife with my boyfriend and his family. At the beach one day, my man and I wanted some alone time, so we went for a swim. We were both feeling very frisky, so as we walked into the sea, I pulled him towards me and started rubbing him through his shorts. When it got deep enough, I wrapped my legs around him, pulling my bikini to one side as he slipped inside me. As his family weren't far away, we had to make it look as though we were just playing around in the waves. Little did they know!

Anna Herefordshire

'We enjoyed making up!'

AFTER MY boyfriend and I argued recently, he was sat brooding in the front

room and instead of cursing him, I found it quite arousing and a turn on. He was punching the buttons on his Xbox and sighing loudly, which made him even more adorable. I stood in the doorway, still in

my see-through nightie. Using the heel of my hand, I rubbed in circular motions between my legs. Soon my groaning noises caught his attention and a big smile spread across his face – it was time to make up! He asked me to carry on with my show, so I pulled at my slip, flashing my boobs and bum and playing with myself to drive him wild. It worked and he rushed me upstairs to put on a show of his own!

Hannah by email

'I danced for birthday boy!'

LAST SUMMER, a couple of girlfriends and I were living in Ibiza. They were promotions girls and worked with this hot male model. On his birthday, they organised a party at a bar and because I'm a dancer and they knew he fancied me, they asked me to perform a saucy strip. I was totally up for it and before I knew it, I was dancing in front of a packed bar in just a skimpy G-string. My audience clearly wanted more so I decided to whip my G-string straight off, leaving me starkers! Doing my routine *au naturel* was an exhilarating experience – especially as at the end of the night, birthday boy took me back to his, where I performed a private dance around his impressive pole!

Jessica London

'A swinging '60s night!'

MY BOYFRIEND, a friend and I went to a '60s party last week, and my friend and I wore mini skirts and boob tubes in true '60s style. After, my friend stayed over with us but there was no spare bed so she slipped in with us, stripped down to a baby pink bra and French knickers. My boyfriend and I were aroused from some sexy dancefloor antics earlier and were fondling in what we thought was a discreet manner when my friend rolled over and started massaging my thigh. I was taken aback but also very aroused. She began running her tongue down my stomach and I was so wet that I climaxed almost as soon as she slipped her tongue under my knickers. My boyfriend loved it too and had a huge grin on his face for weeks!

Cathy Southampton

Win £50!

Ladies, send your raunchiest confessions to **louise_prior@ipcmedia.com** or to the address on page 58. The best one each week* wins £50! Come on, girls!

JOIN NUTS HOOK-UPS AND MEET HOT SINGLE GIRLS AT WWW.NUTS.CO.UK/HOOKUPS

Nuts SPORT

EXCLUSIVE!

England vs Australia: The Ashes Preview!

Ashes-winning hero Matthew Hoggard gives the lowdown on the departments that matter!



IT'S THAT time in the cricket calendar when England venture Down Under for a cricketing face-off with the Aussies in the Ashes. We asked ex-England and Ashes-winning swing king Matthew Hoggard to run us through the key areas...

- Australia vs England, Wed 20 November, Sky Sports 2/HD, 11pm.

HOGGY THE HERO!

Matthew Hoggard played 67 Tests for England and took 248 wickets, including 16 in the 2005 Ashes series.



OPENERS

"Who'll join Alastair Cook at the top of the England batting line-up – Joe Root or **Michael Carberry**? Cooky and Carbs had a great warm-up match with a 300 partnership. You can't let a guy score 150 and leave him out, so for me Carbs has to play. For the Aussies, **Shane Watson** can be destructive but can suffer technically."
ENGLAND **8/10** AUSTRALIA **6/10**

MIDDLE ORDER

"People have said they're the best in the world but, by their own standards, Jonathan Trott and **Kevin Pietersen** were disappointing last time against the Aussies. KP's a match-winner and he'll be looking to put the last series behind him. **Michael Clarke**'s massive for them. If his back injury plays up, their batting order will be very frail."
ENGLAND **8/10** AUSTRALIA **6/10**



WICKETKEEPERS

"Batting-wise, England wicketkeeper **Matt Prior** admits he didn't have a great series in the summer, but he's one of the best wicketkeeper batsmen around. **Brad Haddin** is a dangerous batsman too, but there isn't really much to say here. He'll manage to score a few quick runs but you won't see him scoring big hundreds."

ENGLAND **9/10** AUSTRALIA **7/10**

SPINNERS

"**Graeme Swann** is attacking and takes wickets. He's got a great record in his first over – maybe Cooky should only bowl him one over at a time! The spin department leaves the Aussies with a tricky choice. **Nathan Lyon** takes wickets but goes for plenty of runs. Ashton Agar scored a few runs but wasn't up to much with the ball."

ENGLAND **9/10** AUSTRALIA **6/10**

FAST BOWLERS

"England have flown over a basketball team to complement **Jimmy Anderson**. The height of Steven Finn, Boyd Rankin and Chris Tremlett will provide pace and bounce. The Aussies are just as strong. **Ryan Harris** – if fit – will leave England with their hands full. That's not mentioning Peter Siddle, James Pattinson and Mitchell Johnson."

ENGLAND **9/10** AUSTRALIA **9/10**

THE SKIPPERS

"**Cook** might be a bit boring but look at the results England have had under his leadership. Why not be cautious when you do the basics very well? Just look at his record – it says it all. **Clarke** is a bit more aggressive and his sides play cricket hard, like it should be played. His team haven't done as well as England but he is a good captain."

ENGLAND **8/10** AUSTRALIA **8/10**



HOGGY'S VERDICT "This Ashes won't be as clear-cut as the last. Australia will come out fighting and coach Darren Lehmann has had plenty more time to prepare his team. Both teams have superb seam attacks, but it's England to edge it for me with their better line-up with the bat." **PREDICTION: 2-1 ENGLAND**



MERSEYSIDE DERBY SPECIAL!

Lukaku: 'I live for football!'

The Belgian striker on his bright start at Everton and why cars aren't important!

➔ **Hi Romelu! How have you settled at Everton so quickly?**

I've enjoyed it. I came here to challenge myself, play more and improve. I saw Everton as the right place for me to become a better footballer. Roberto Martinez has also spent time telling me how to get better, and it's appreciated.

How good is Martinez?

He's an intelligent football man. He has a philosophy, a Spanish playing style where you keep possession and move the ball quickly, which is great. He also can read the game very well and see how players can improve or the opposition can be hurt. I'm enjoying working with him very much.

Any regrets at leaving Chelsea again on loan?

None. I wish the club well this season as I've many friends there. I had a few options but decided to go to Everton because of their passing style and the knowledge I would see a lot of the ball. I also heard good things from my friend Kevin Mirallas. At this stage of my career, I need to play the full 90 minutes more times a season. This is something I haven't been able to do for the last few years.

What are this year's targets?

To score many goals, to win many games and to

help Everton finish high up the table. I am an ambitious person so I want success to come as quickly as possible.

Chelsea loaning you out was a surprise – you were great at West Brom last term...

I'm grateful to West Brom for what they did for me. It was a good relationship. And the comparisons with Drogba are amazing, but not quite right for me now. He played at the top for a long, long time and actually got better and better. I'm just at the start of my journey and I need to improve my game.

You describe yourself as a "football freak". What's that all about then?


I just live for football. When I'm not on the pitch, I'm playing football video games. It's everything to me. With success comes a lot of other things like money, cars and a bigger profile, but for me these are not important. I want to be the best player I can be and that'll come with hard work.

Which other players do you admire, other than Didier?

Ronaldo and Van Persie are great players. I watch all the top strikers to see if I can learn from what they do. Seeing the very best inspires me to be a better footballer. I have strengths and I have weaknesses, but I won't tell you what they are! I have work to do to be the best.

"Why is it snowing above your head but not mine?"





"It's dandruff. I'm getting the top shaved tomorrow"

Coutinho: 'To play here is an honour!'

The Reds playmaker on supplying the SAS!

➔ **Hi Philippe! How does it feel to be playing behind one of the Prem's most feared strike partnerships: the SAS of Sturridge and Suarez?**

It's fantastic to know you have these great players in the team. They are different in their approaches, but always create spaces and think very quickly in tight situations. I'm hoping we'll have a beautiful future at the club together.

So what are Liverpool's attainable goals this season?

The manager's said top four and that remains the target. Can we do it? I believe we can because we're getting better and better and learning all the time. I know myself I've adapted quite well and have enjoyed the environment of the Premier League. Liverpool is still one of the biggest clubs in the world, so to play here is a real honour for me.

We hear striker Daniel Sturridge is a mate of yours?

He's a great player but also a fun person to be around. He's always laughing, joking and teasing me. I think it's important that the team enjoy being with each other individually and as a group. I'm glad we have that.

There does seem to be a feel-good factor around Liverpool at the moment...

We're united in the same goal – to bring success to

this great football club. When I joined in January, I knew about the great history here and also the great players. I must also say thank you to the fans that have been very nice to me from the first day – and especially supported me when I had my recent injury. Their backing meant everything and helped me get back to fitness again.

Since you joined Liverpool, what's been the biggest challenge you've faced in the Premier League?

Getting used to the pace and power of the league is difficult. You barely have time to think before an opponent is on you! It's a much harder type of football [than I had played previously] but I did my best to cope. Thankfully, I've come through. I'm enjoying being part of a team that's progressing in the right way.

Dare you say the Reds can win the Premier League title?

I cannot say that. We respect all our opponents and this league is incredibly strong, so to make a big statement like this would be wrong. But as a group, we're developing and getting better and better. Maybe soon we can win some trophies to show our fantastic fans.

● **Everton vs Liverpool, Saturday 23 November, 12.45pm, BT Sport 1/HD.**

EXCLUSIVE!

Froch: 'I'm defending my castle!'

The world champ vows to see off Groves' title bid in Manchester – then buy him a drink!

➔ Hi Carl! Is George Groves a threat to your WBA and IBF super-middleweight titles?

Every fighter poses a threat as they're trying to hit you! I don't think he's got what it takes to beat me.

The fight sold out in minutes. Was that a surprise to you?

I had to pinch myself because Manchester isn't my home town, but it's nice to be fighting a Brit.

Did you want this fight, or a bigger-name boxer?

I've become a star in boxing, so the fights get bigger and bigger. I train the same for anyone – I've been breaking my fitness targets for this. Groves is naïve, but lots of young boxers tell you what they're going to do, but then it's different on fight night.

Do you genuinely hate each other, or is it just hype?

I don't like him, so I choose not to engage with him. He's another opponent I'm going to beat on fight night – the past doesn't matter.

Is the trash talk boring?

The talking stops now as we're so close to the fight. George is the only guy who doesn't realise what's going to happen – everyone else knows he's getting a bad

whooping. I'm defending my castle and that's what I do. He plays down my wins, but he's a kid who shouldn't be in the ring with a champion like me. It's been painful listening to him in the promotional stuff we've done. I've knocked him down in sparring with the big gloves. I know he's got a glass jaw – I've hit him before.

Do you see any of yourself in George when you were his age?

I don't think I was ever that stupid or arrogant in my youth. You don't demand respect – you earn it. George is hanging himself by acting the way he is. I can't wait to get him in the ring and teach him a lesson.

He's performed well against his previous opponents...

He worked well to a game plan against James DeGale, but that won't work against me because I'm a better fighter. If Groves is the mandatory opponent, I'll fight him. This is a big step up for him, so I hope he comes to fight so we can make this a great British bust-up.

Will you be friends afterwards?

We rarely talk even though we're supposedly stablemates. He's not done anything for me other than say he "softened up Mikkel Kessler" by sparring with him. I actually forgot to thank him for that so I'll have to get him a drink sometime!





Groves: 'Froch is a bag of nerves!'

The Saint targets Froch's mental weaknesses!



Hi George! How are you feeling ahead of your big fight?

Spot-on thanks. It's been ten weeks of preparation in total, which is a bit longer than usual, but I can't complain.

Does it matter to you which world title you fight for, or do you just want any one?

Carl Froch is a respected world champion so whichever belt he's got is going to be a legitimate one so it doesn't really matter. I just want to be a world champion in the big fights.

You've got a new trainer for this fight – what's changed?

Not much as I've worked with Paddy Fitzpatrick before so we're used to each other. We've got a good chemistry, so I went to him and asked for his help.

You were in court about a dispute with your previous trainer Adam Booth. How big a distraction was that?

It got blown out of proportion. I was in court for one day but I still got my normal sessions in so it wasn't as if I was out of the gym like it was reported.

What are Froch's weaknesses?

So far he's shown a mental weakness in all the interviews and press we've done together. I don't know if he's frightened of me, or just scared of losing all the stuff he feels he's worked hard for. He's fragile, a bag of nerves and he's got this insecurity of losing what

he's got. When I'm with him, he can't string a sentence together. Look at his body language – he's worried.

What's the plan then?

I'm going to wear him down then take the opportunity. I won't be rushing as I think I'm a technically better boxer. I'll pick and choose when and how hard I hit him. I don't have to be secretive about what I'm going to do.

Will you shake hands with him after the fight?

I'm going to win the fight so it will be up to him. If he doesn't want to, I'm not going out of my way to shake his.

How will you celebrate?

I've got nothing planned, but normally it involves food so I'll probably just eat a load. Christmas isn't too far away so I might as well start after the fight!

Maybe you could become a heavyweight over the Christmas period!

With the amount of chocolate I'm planning on eating that wouldn't be far from the truth!

● Froch vs Groves is on 23 November, live on Sky Sports Box Office. Visit skysports.com/frochgroves for booking information, book via your Sky remote or call 08442 410888

"All my favourite colours! Yes!"



KAMMY!



He's the voice of the fans – and he's only in *Nuts*!

"I just can't get this wig straight today"



Time for a change of tactics, Pellegrini!

Manuel has a lot to learn about managing in England!



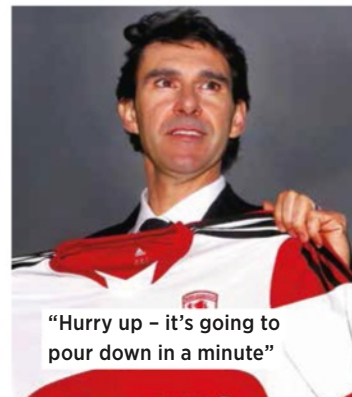
MANCHESTER CITY'S poor performances

against Premier League strugglers like Sunderland and Cardiff is certainly not down to a lack of motivation. I'd put it down to naivety – they've still got a manager finding his way in the Premier League. Manuel Pellegrini still doesn't understand elements

of English football. Unlike Spain, you'll be up against different styles of football week in, week out.

Against Sunderland, he probably expected to be up against a typical Gus Poyet-style performance, but he didn't anticipate a change of style which saw their opponents fighting for their lives after their horrific start to the season.

City may have the best squad in the league, but the sooner Manuel learns to develop tactics that suit the situation, the better. They're still in with a massive chance to run away and regain the title from their next-door neighbours United. It's not that they've got a bad manager – he's just learning about a new footballing culture.



"Hurry up – it's going to pour down in a minute"

Jose had a hand in Boro's choice of boss!

I'VE BEEN mates with Middlesbrough chairman Steve Gibson since school days, so I've known about the club's move for Jose Mourinho's former number two Aitor Karanka for a few weeks. Jose was quick to recommend his former Real Madrid deputy for the position.

What impressed me was how quick Karanka was to fly over and demonstrate his knowledge and passion for not only English football, but the Championship.

Aitor will also be safe in the knowledge that Steve's the type of chairman who gives his manager every chance to succeed. No boss under Steve has ever left without being given a fair crack of the whip, which is refreshing to see.

● Send jokes, comments, pics etc to kammy@ipcmedia.com. The best ones we publish will win a signed *Nuts* T-shirt!



**KAMMY'S
UNBELIEVABLE-
OMETER™**

UNBELIEVABLY GOOD!

MOYES MAKES MARK!

The pressure's finally off David Moyes after beating Arsenal. People forget they were slow starters under Sir Alex as well. Expect them to crack on further.



UNBELIEVABLY BAD!



RAM RAIDED!

I was sat in the gantry at Stamford Bridge and even from there I could see as soon as Ramires went down against West Brom it wasn't a penalty.

Young Saints march on!

SOUTHAMPTON'S YOUTH setup is amazing. The list of players they've produced is impressive and some forget that includes the world's most expensive signing, Gareth Bale.

The thing that the Saints do so well is give their young players opportunities. If you're a talented youngster at a club like Southampton, you know you'll be given your chance in the first XI if you're good enough.

The football they play using the players they've produced through the academy is really enjoyable. We just don't know if they'll manage to shake off their "selling club" tag in the future to see just how far they can push themselves. That's down to their manager.

"Yeah, um, Jay, you're a bit big for piggybacks, mate"



"Quote me on that!"

This week's biggest match debaters!



"You don't see Robin and Chico miss chances like that, but as we saw, it happens"

Ryan Giggs is seeing things.



"It was like Arsenal were defending with four legs"

Is Jürgen Klopp calling them donkeys?



"You can't win a game just because you're wearing a nice shirt"

Jose Mourinho gets shirt

"The only team you have to fear is Barcelona, though you fear all of them"

We fear Graeme Souness has messed up.

"At Milan, I left my phone on the dinner table. Pirlo took it and texted the president, offering him my sister"

Gennaro Gattuso gets pranked.

"John Terry can't attract football players"

Merse on Mr Unfanciable.

OO-ER SOUNDS A BIT RUDE CORNER!

"Stevie Gerrard sees a picture and comes"

Glenn Hoddle on the premature midfielder.

"I'm hoping to see a few things that excite me this evening"

All back to Roy Hodgson's.





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BIG TIME BOXING



// THE WBO EUROPEAN LIGHTWEIGHT CHAMPIONSHIP //

STEPHEN ORMOND v DERRY MATHEWS

[BELFAST]

[LIVERPOOL]

// THE BRITISH LIGHT-MIDDLEWEIGHT CHAMPIONSHIP //

LIAM SMITH v MARK THOMPSON

[LIVERPOOL]

[HEYWOOD]

// THE WBO INTERCONTINENTAL SUPER-FLYWEIGHT CHAMPIONSHIP //

PAUL BUTLER v RUBEN MONTOYA

[ELLSMERE PORT]

[MEXICO]

// THE VACANT WBO EUROPEAN LIGHT-MIDDLEWEIGHT CHAMPIONSHIP //

JOE SELKIRK v RONNIE HEFFRON

[LIVERPOOL]

[DLDHAM]

**CRAIG EVANS**
[BLACKWOOD, WALES]**LIAM WILLIAMS**
[GLYDACH VALE, WALES]**MATTY FAGAN**
[ELLSMERE PORT]**JOHN THAIN**
[EDINBURGH]**JOSH McCLAREN**
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FRANK WARREN

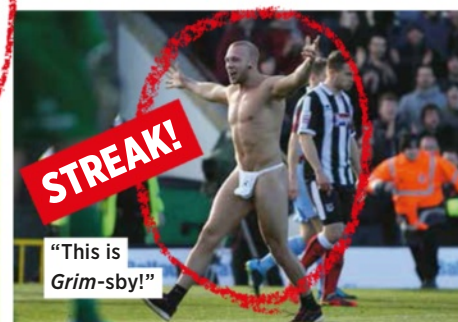
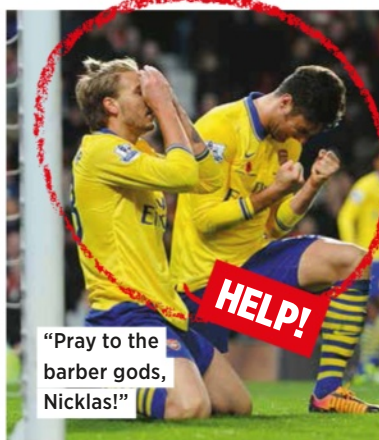
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Nuts

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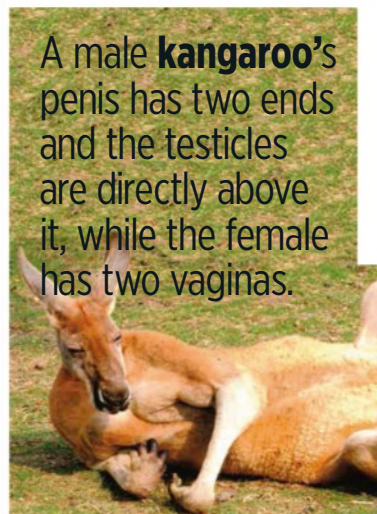
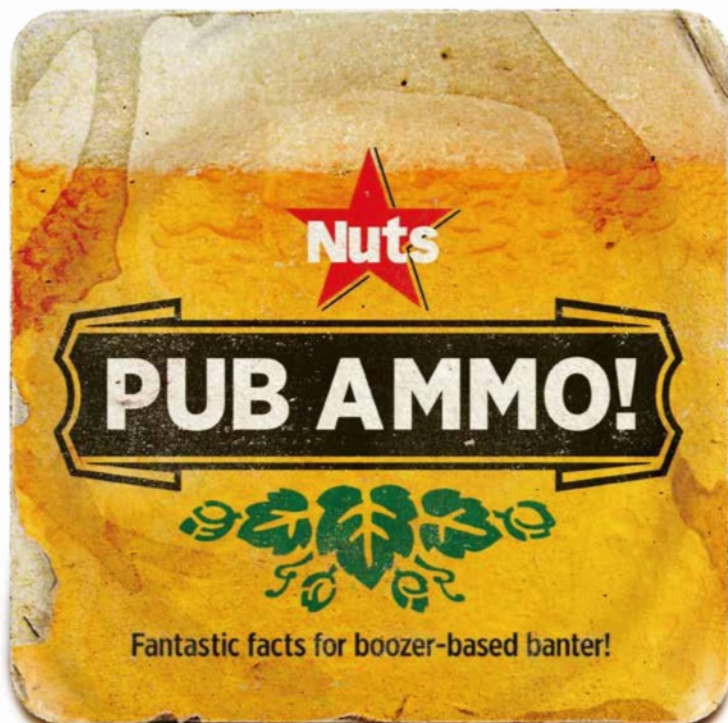
Football seen through the *Nuts* comedy glasses!



WORDS: JOE BARNES. PHOTOS: PA PHOTOS,
GETTY IMAGES, BACKPAGE IMAGES, OFFSIDE, ACTION IMAGES

MAN-LOVE CORNER!





A male **kangaroo's** penis has two ends and the testicles are directly above it, while the female has two vaginas.

Jim Morrison, lead singer of '60s band The Doors, was the first rock star to be arrested on stage, for inciting a riot and public obscenity.



The main nut holding a helicopter rotor to its shaft is called "**The Jesus Nut**" because of a common joke among pilots: "Jesus, if that nut came off..."

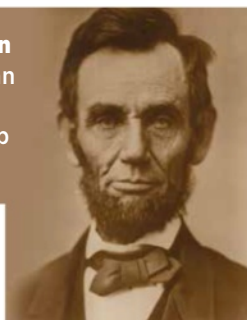


On a **double rainbow**, the colours in the outer arc are reversed.

There are 200 million more people using **Facebook** each month than there were people on Earth in 1804.



US President **Abraham Lincoln** grew his famous beard after an 11-year-old girl wrote him a letter suggesting it would help him get elected president.



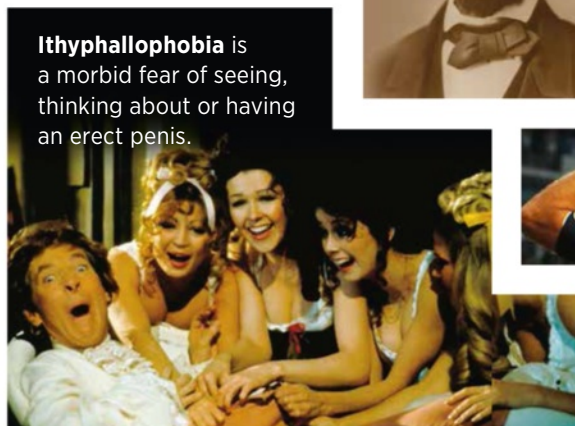
Like kangaroos, iguanas, koalas and **komodo dragons** have a two-pronged penis.



According to a recent poll, the five most influential British people on Twitter are the five members of **One Direction**. Their hair stylist was at number 59.



Ithyphallophobia is a morbid fear of seeing, thinking about or having an erect penis.



Raul's club record 323 goals for Real Madrid were scored over the course of 16 years. Ronaldo has scored 226 in just over four years.

Pub ammo on... The Ashes

- Australia's 3-0 defeat this summer was the first Ashes series in 36 years in which they failed to win a Test.
- Australia compiled an all-time Test match low score

- in 1902 when they were bowled out for 36 at Edgbaston. They still drew!
- Of Don Bradman's 6,996 test runs, 72 per cent were made against England.

- Shane Warne has taken 195 Ashes wickets – the highest of all time.
- The 2013/14 Ashes begin on Thursday 21 November in Australia. Ripper!





THIS IS FOR THE PLAYERS

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THE GAME-CHANGERS,
THE ROOKIES AND THE VETERANS,
THE SOLDIERS,
THE SURVIVORS,
THE 3AM FATHERS AND
THE MULTI-PLAYER MOTOR MOUTHS,
THE TROPHY COLLECTORS,
THE BUTTON-MASHERS,
THE ONCE-IN-A-WHILE ASSASSINS AND
THE DEDICATED STRIKERS.

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THE GAME IN THE BLINK OF AN EYE.
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BUT UNITED IN PLAY.
THOSE THAT WANT THE POWER AND
FREEDOM TO PLAY ANYTIME, ANYWHERE.

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